

Health ChAMPS: Health of Children And Measures of Parental Support



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Health of Children and Measures of Parental Support (Health ChAMPS) Survey

This document is a preview of the Health ChAMPS survey. To request the full survey tool, please email HKCCevaluation@oahpp.ca.

Purpose

The Health of Children and Measures of Parental Support (Health ChAMPS) Survey was developed by Public Health Ontario (PHO) for the purpose of evaluating the effectiveness of the Healthy Kids Community Challenge (HKCC) on parental awareness of the HKCC program, parent support for child health behaviours and barriers to providing parental support. The survey is complemented by PHO's Health Behaviours Of Students Survey (Health BOSS), and a protocol for collecting direct measures of height and weight to calculate body mass index (available upon request, email hkccevaluation@oahpp.ca) that provide opportunities to link information from children to information from their parents.

Target Population

Health ChAMPS survey questions were developed for parents of children aged 10-12 years because this age group is within the target population of the HKCC program (0-12 years of age), and is the age of children targeted by PHO's Health BOSS because children of this age can reliably self-report on health surveys. Health ChAMPS is available in both official languages (French and English).

Survey Administration

The Health ChAMPS survey was designed to be administered online, but may also be administered in paper format.

Survey Validation

A number of measures of parental support that have been validated by previous research from Canada and elsewhere have been included. In addition, the survey has undergone a rigorous review process with parents of children in the target age group. The process included:

- (1) A **pre-test** that used one-on-one interviews with parents to determine the clarity, face validity, and the readability for every question in the Health ChAMPS survey.
- (2) A **pilot test** of the Health ChAMPS survey, in combination with Health BOSS, to determine the estimated time needed for parents to complete the survey, and identify potential issues with question responses.

Using Health ChAMPS

Although Health ChAMPS was designed to be used as above, it may be possible to adapt the Health ChAMPS survey for use in other target populations, and in other languages. The HKCC evaluation team at PHO would welcome any discussions/questions about using the survey, how the survey was developed, or how the survey might be adapted to local contexts.

Disclaimer

Health ChAMPS was developed by PHO. PHO provides scientific and technical advice to Ontario's government, public health organizations, and health care providers. PHO's work is guided by the current best available evidence.

PHO assumes no responsibility for the use of this survey by anyone.

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Key Considerations

The Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans (TCPS2, 2014) is the official human ethics policy of the Tri-Council Agencies including:

- (1) Canadian Institute for Health Research (CIHR);
- (2) Social Sciences and Humanities Research Council (SSHRC); and,
- (3) Natural Sciences and Engineering Research Council of Canada (NSERC).

Researchers who receive funding from the Tri-Council Agencies are expected to adhere to TCPS2. This extends to ethical requirements for consent, privacy and confidentiality, fairness and equity in research participation, and research involving First Nations, Inuit, and Métis Peoples of Canada.

For anyone who wishes to administer Health ChAMPS, we recommend consulting TCPS2, available here: <http://www.pre.ethics.gc.ca/eng/policy-politique/initiatives/tcps2-eptc2/introduction/>. Alternatively, if you have a designated research or ethics review board/committee, submit an application for formal review.

For information about Health ChAMPS, or the provincial HKCC evaluation

- **Email:** hkcevaluation@oahpp.ca
- **Webpage:** www.publichealthontario.ca/HKCC

Section 1: Awareness of Community Programs

1. Have you heard of any programs in your community (neighbourhood) that are trying to get kids more physically active and eating healthier?

- Yes
 - No (SKIP TO QUESTION 3)
 - Don't Know/Unsure (SKIP TO QUESTION 3)
 - Prefer not to answer (SKIP TO QUESTION 3)
-

2. What is the program called? (Can put up to 3 different programs)

- Program name 1: _____
 - Program name 2: _____
 - Program name 3: _____
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3. Have you ever heard of the Healthy Kids Community Challenge?

- Yes
 - No (SKIP TO QUESTION 8)
 - Don't Know/Unsure (SKIP TO QUESTION 8)
 - Prefer not to answer (SKIP TO QUESTION 8)
-

4. Do you know if your community is participating in the Healthy Kids Community Challenge?

- Yes, it is
 - No, it isn't
 - I have never heard of the Healthy Kids Community Challenge (SKIP TO QUESTION 8)
 - Don't know
 - Prefer not to answer (SKIP TO QUESTION 8)
-

5. In the past 6 months, have you heard about, or read about the Healthy Kids Community Challenge in your community?

- Yes
- No (SKIP TO QUESTION 7)
- Don't Know/unsure (SKIP TO QUESTION 7)
- Refused (SKIP TO QUESTION 8)