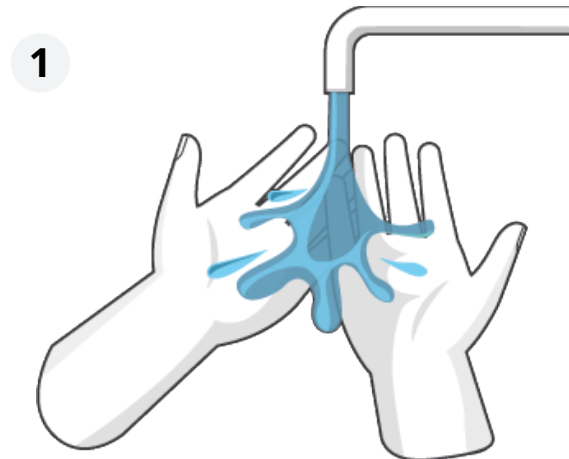


How to: Perform Hand Hygiene Using Soap and Water

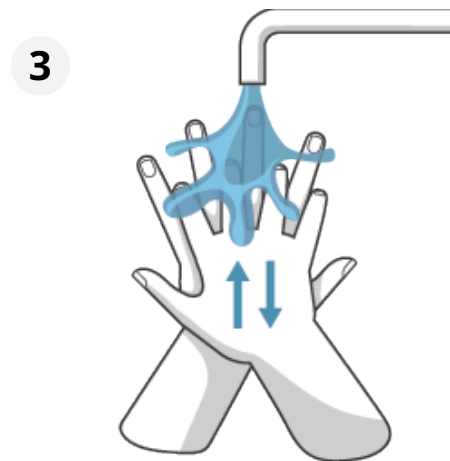
If hands are visibly soiled:



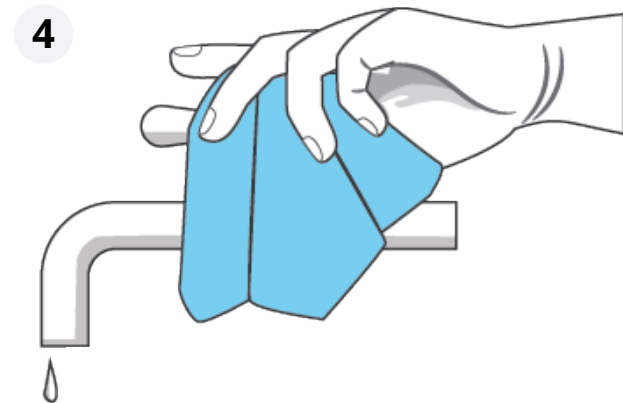
Wet hands with warm water and apply soap.



Clean all surfaces, palms, backs of each hand, fingertips, between fingers, and bases of thumbs for at least 15 seconds.



Rinse hands with water and pat dry with a paper towel.

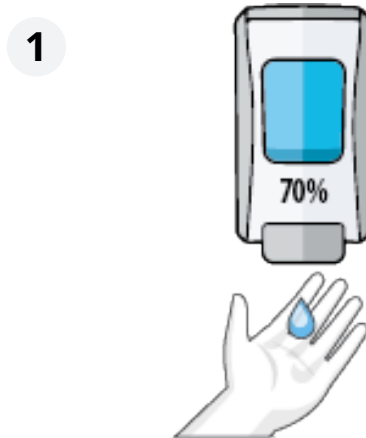


Turn off the tap using a paper towel.

How to:

Perform Hand Hygiene Using Alcohol-Based Hand Rub (ABHR)

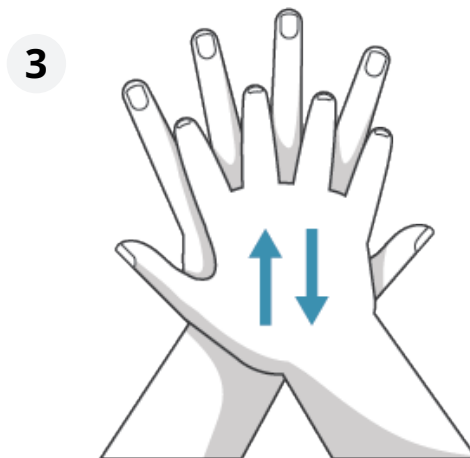
If hands are not visibly soiled:



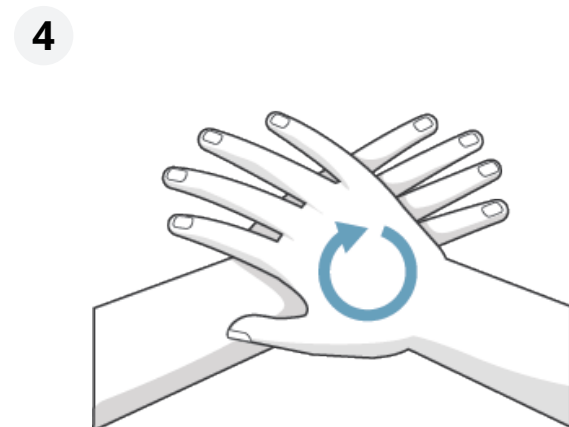
Apply 1-2 full pumps of product onto one palm.



Spread the product over all surfaces of hands.



Rub palms, backs of each hand, fingertips, between fingers, and bases of thumbs for at least 15 seconds.



Rub hands until the product is dry.

How to: Put On Personal Protective Equipment (PPE)

1 Perform Hand Hygiene

Use alcohol-based hand rub, or soap and water if hands are visibly soiled.

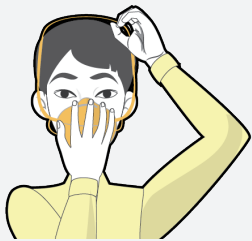


2 Put on Gown

Tie at neck and waist.



3 Put on Mask / N95 Respirator



Secure ties, loops or straps and mould metal piece over nose.



Perform a seal check for N95 respirators.

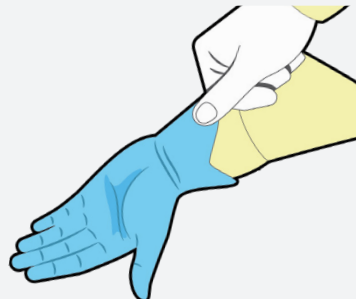
4 Put on Protective Eyewear



Place eye protection over face and eyes and adjust to fit.

5 Put on Gloves

Pull glove over the cuff of the gown.



For more information, please contact Public Health Ontario's Infection Prevention and Control Team at ipac@oahpp.ca or visit www.publichealthontario.ca.

How to: Put On Personal Protective Equipment (PPE)

Contact Precautions

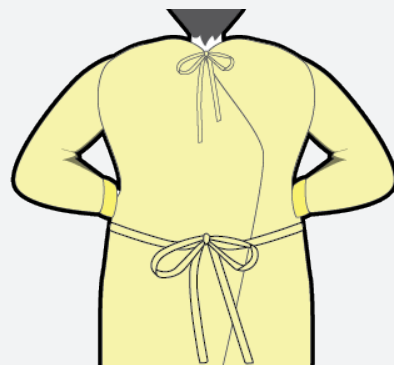
1 Perform Hand Hygiene

Use alcohol-based hand rub, or soap and water if hands are visibly soiled.



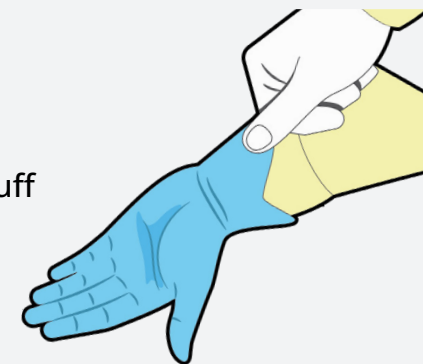
2 Put on Gown

Tie at neck and waist.



3 Put on Gloves

Pull glove over the cuff of the gown.



How to: Take Off Personal Protective Equipment (PPE)

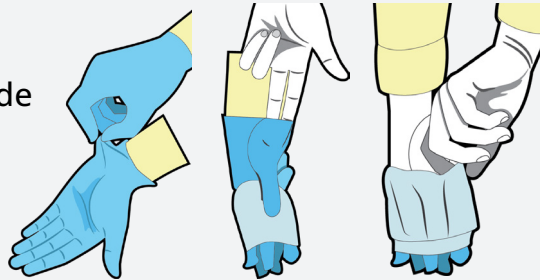


Perform Hand Hygiene

Use alcohol-based hand rub, or soap and water if hands are visibly soiled.

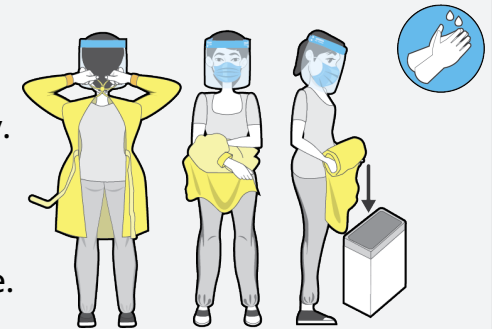
1 Remove Gloves

Take care not to touch your bare skin to the outside of the glove.



2 Remove Gown

Undo ties and pull gown away from body. Carefully roll gown inside out, dispose into waste container. Perform hand hygiene.



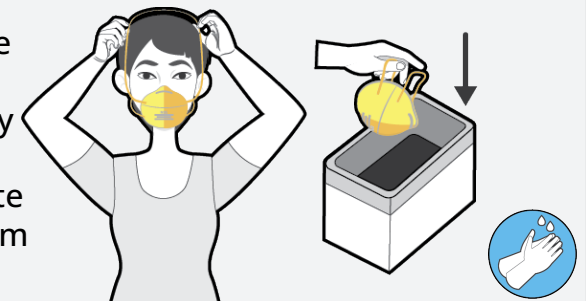
3 Remove Protective Eyewear

Do not touch the front. Carefully remove eyewear by pulling up and away from face and dispose into waste container.



4 Remove Mask / N95 Respirator

Take off using the ear loops/straps, pull forward away from face and dispose into waste container. Perform hand hygiene.



How to:

Take Off Personal Protective Equipment (PPE)

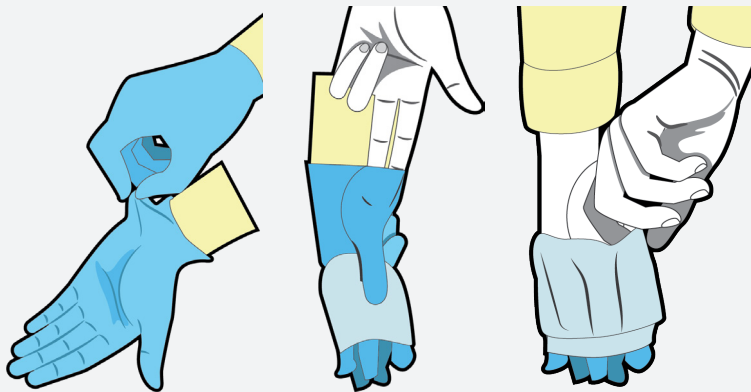
Contact Precautions



Perform Hand Hygiene

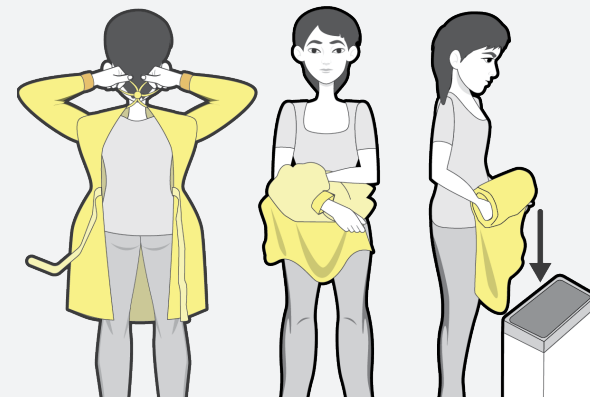
Use alcohol-based hand rub, or soap and water if hands are visibly soiled.

1 Remove Gloves



Take care not to touch your bare skin to the outside of the glove.

2 Remove Gown



Undo ties and pull gown away from body. Carefully roll gown inside out, dispose into waste container. Perform hand hygiene.

