

Before and After Cleaning

Routine discharge/transfer cleaning of a patient/resident room

Before

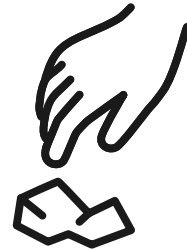
- 1 Check for Additional Precautions signs (droplet, contact, airborne) before you go into the room



If there is a sign on the door:

- Clean hands and put on any personal protective equipment needed.

- 2 Remove items from surfaces before cleaning



- 3 Gather supplies needed



Gather all the materials required for cleaning:

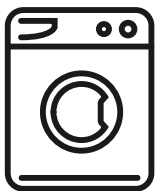
- Enough clean cloths
 - At least 1 for each bed space
 - At least 2 for each bathroom (sink and toilet area)
- Fresh cleaning solution and disinfectant

TIP

Wet the surface with the disinfectant and check the label to see how long it needs to stay wet.

After

1



All re-usable tools used for cleaning and disinfecting must be cleaned and dried between uses.

2



Disinfect housekeeping and linen carts before putting them away at the end of the day.

During Cleaning

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1 Remove dirty linen and waste from the room



Linen

- Place dirty linen in linen bag.
- Fill linen bag and remove when $\frac{3}{4}$ full.

Waste

- Remove waste by holding plastic bags from the top.
- Do not overfill or press bags.

2 Bed and pillow



- Remove sheets and pillow cases carefully. **DO NOT SHAKE.**
- Roll and place into a dirty linen bag.

3 Personal Items



Throw away personal care items left in the room.

Item examples:

- Lotions, creams, and magazines

Working from cleaner to dirty areas, follow these steps:

1. Clean door surface, handle and other touched areas of the frame.
2. Check walls and clean if dirty.
3. Clean light switches and thermostats.
4. Clean any items on the wall such as ABHR dispenser.
5. Check sharps container and change when $\frac{3}{4}$ full.
6. Check glass surfaces and clean if dirty.
7. Remove and replace privacy curtain.
8. Clean all furniture and flat surfaces.
9. Clean any medical equipment attached to walls in bed space.
10. Clean the bed. Clean all sides of mattress. Check for cracks and holes. Inspect for pest control. Clean entire bed frame.
11. Put used cloths in a separate bag for laundry.
12. Remove gloves and clean hands.
13. Restock supplies as needed.
14. Clean hands with ABHR on leaving the room.

TIP

Use a sporicidal cleaner for bathrooms of *C.difficile* cases.