

ENHANCED EPIDEMIOLOGICAL SUMMARY

Measles in Ontario

Updated: January 16, 2025

Introduction

Measles is a highly contagious respiratory virus. Symptoms of measles include fever, a red blotchy rash, red watery eyes and cough. Immunization is the best protection against measles. For children and most adults born in or after 1970, this means receiving two doses of measles containing-vaccine (e.g., MMR vaccine).

In Ontario, measles has been rare, owing to the successful elimination of measles in Canada and high immunization coverage. As a result, measles cases are predominantly associated with travel (often referred to as "measles importations"). Due to an increase in measles activity globally, Ontario has begun to see more cases of measles.

This report describes the epidemiology of measles in Ontario from January 1, 2013 to January 15, 2025. This report is typically updated every four weeks or sooner.

This report includes the most current information available from Ontario's integrated Public Health Information System (iPHIS) as of January 15, 2025 at 8:00 am.

Highlights

- As of January 15, 2025, 65 cases (39 confirmed and 26 probable) of measles have been reported in Ontario in 2024 and 2025. This reflects an increase of 2 confirmed cases since the previous epidemiological summary on December 19 (Figure 1).
 - All cases were in individuals born in or after 1970; 44 were in children and adolescents, and 21 in adults. One of the children was previously immunized with one dose of measles-containing vaccine, 41 children were unimmunized, and immunization status was unknown for two children. Five of the adults were previously immunized with at least two doses of measles-containing vaccine, one adult was previously immunized with one dose of measles-containing vaccine, 11 adults were unimmunized, and immunization status was unknown for four adults (Table 1).
 - Cases occurred in 11 different public health units (Table 1).
 - Eight cases have required hospitalization, including 7 children and 1 adult. All hospitalized children were unimmunized; of these, there was one death in a child less than five years old.
 - Eighteen cases were associated with travel (i.e., acquisition of measles outside of Canada), two of whom resulted in six epidemiologically-linked cases in April and May. Three cases occurred in individuals with unknown sources of exposure (i.e., no history of travel and not epidemiologically-linked to another case). (Figure 1)

- Since October, an out-of-province exposure to a travel-related case of measles in New Brunswick has resulted in 38 epidemiologically-linked cases (12 confirmed, 26 probable) among three Ontario PHUs (Southwestern Public Health, Grey Bruce Health Unit, and Grand Erie Public Health).
 - Of these, 28 were in children and adolescents, and 10 in adults. All but two cases were unimmunized; one case reported receiving one dose of measles-containing vaccine and one case reported receiving two doses. One of the children was hospitalized.
- Based on the most recent monthly summary of laboratory data available, 1,564 individuals were tested for acute measles infection using molecular PCR between January 1, 2024 and January 6, 2025; of these, 1.7% were positive (refer to Technical Notes for further details on laboratory data).

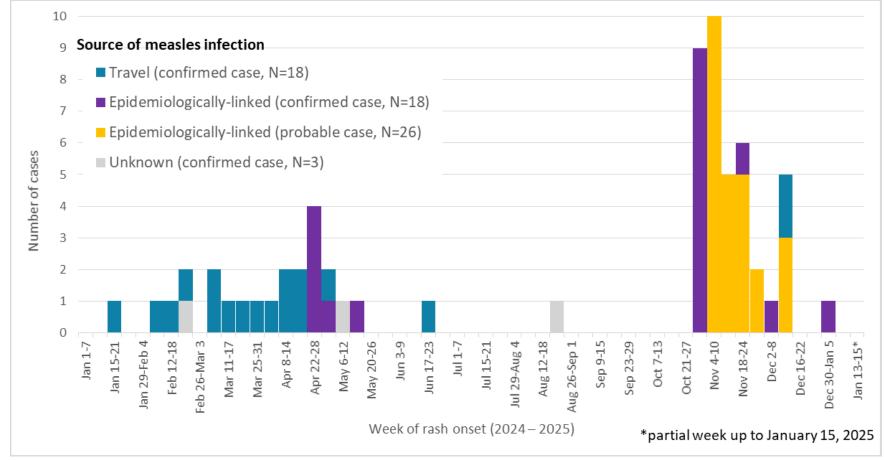


Figure 1: Number of Measles Cases by Week of Rash Onset and Source of Infection: Ontario, January 1, 2024 – January 15, 2025

Notes:

- The incubation period for measles (i.e., period from exposure to prodromal symptoms) averages 10 to 12 days; the time from exposure to rash onset ranges from 7 to 21 days (average 14 days). ^{1,2} Cases are considered to be infectious from one day before the start of the prodromal period, which is usually four days before rash onset, to four days after rash onset. ¹
- Based on the incubation and the infectious period, epidemiologically-linked cases may appear up to 25 days after the rash onset date of the most recently reported case of measles. Prodrome onset date was used for two epidemiologically-linked cases since rash onset date was unavailable.
- Provincial surveillance definitions for confirmed and probable cases of measles are available in Appendix 1³ and may be adapted in the event of an outbreak to reflect the specific circumstances of the outbreak under investigation.
- Source of measles infection is determined to be travel-related if the person travelled outside Canada 7 to 21 days prior to rash onset.

Table 1: Characteristics of Measles Cases: Ontario, January 1, 2024 – January 15, 2025

Case Characteristics	2024 – 2025 (as of January 15, 2025)
Total Cases	65
Gender	
Female	30 (46.2%)
Male	35 (53.8%)
Age (years)	
<1	3 (4.6%)
1-4	14 (21.5%)
5-9	12 (18.5%)
10-19	15 (23.1%)
20-39	19 (29.2%)
40+	2 (3.1%)
Cases born in or after 1970	65 (100.0%)
Public Health Unit	
City of Hamilton Public Health Services	6 (9.2%)
Durham Region Health Department	1 (1.5%)
Grand Erie Public Health	5 (7.7%)
Grey Bruce Health Unit	8 (12.3%)
Halton Region Health Department	3 (4.6%)
Middlesex-London Health Unit	1 (1.5%)
Peel Public Health	3 (4.6%)
Southwestern Public Health	26 (40.0%)
Toronto Public Health	10 (15.4%)
Windsor-Essex County Health Unit	1 (1.5%)
York Region Public Health	1 (1.5%)
Hospitalizations	8 (12.3%)
Deaths	1 (1.5%)

Case Characteristics	2024 – 2025 (as of January 15, 2025)
Source of Measles Infection	
Travel (confirmed case)	18 (27.7%)
Epidemiologically-linked (confirmed case)	18 (27.7%)
Epidemiologically-linked (probable case)	26 (40.0%)
Unknown (confirmed case)	3 (4.6%)
Immunization Status	
Unimmunized	49 (75.4%)
1 dose	2 (3.1%)
2 or more doses	5 (7.7%)
Unknown/no proof of immunization	9 (13.8%)

Note:

• Brant County Health Unit and Haldimand-Norfolk Health Unit have merged into Grand Erie Public Health as of January 1, 2025.

Trends Over Time

- Between 2013 and 2023, there were 101 confirmed cases of measles reported in Ontario (Figure 2).
- Prior to the COVID-19 pandemic (2013–2019), the annual number of measles cases in Ontario ranged between seven and 22; in comparison, one case was reported during the pandemic (2020–2022) while seven cases were reported in 2023 (Figure 2).
 - Similar trends were seen in <u>Canada</u> overall, where the number of measles cases decreased dramatically during the COVID-19 pandemic.
- 94 cases occurred in individuals born after 1970 (93.1%) (Table 2).
- Most cases were unimmunized (i.e., no doses received; 62.4%) or had unknown immunization status (24.8%) (Table 2).

Figure 2: Number of Measles Cases and Incidence Rate per Million Population: Ontario, January 1, 2013 – January 15, 2025

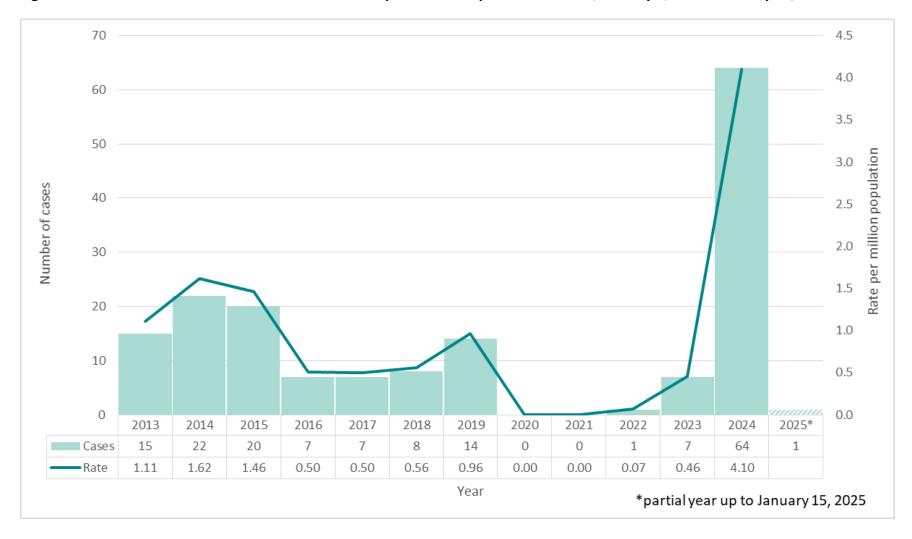
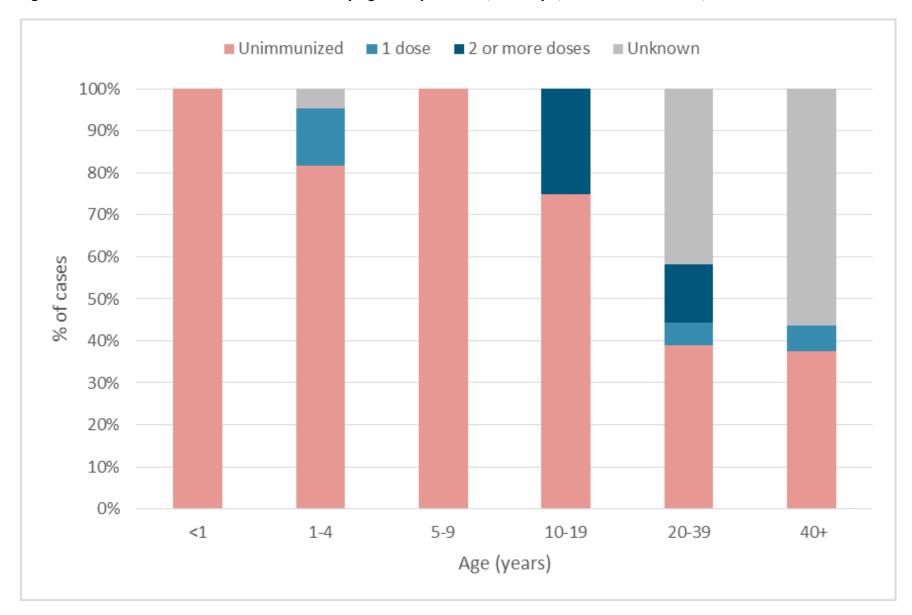


Table 2: Characteristics of Measles Cases: Ontario, January 1, 2013 – December 31, 2023

Case Characteristics	2013-2023
Total Cases	101
Gender	
Female	49 (48.5%)
Male	52 (51.5%)
Age (years)	
<1	13 (12.9%)
1-4	22 (21.8%)
5-9	6 (5.9%)
10-19	8 (7.9%)
20-39	36 (35.6%)
40+	16 (15.8%)
Cases born in or after 1970	94 (93.1%)
Hospitalizations	28 (27.7%)
Deaths	0 (0.0%)
Immunization Status	
Unimmunized	63 (62.4%)
1 dose	6 (5.9%)
2 or more doses	7 (6.9%)
Unknown/no proof of immunization	25 (24.8%)





Technical Notes

Data Sources

CASE DATA

- The case data for this report were based on information entered in the Ontario Ministry of Health (MOH) integrated Public Health Information System (iPHIS) database as of January 15, 2025 at 8:00 am.
- iPHIS is a dynamic disease reporting system that allows ongoing updates to previously entered data. As a result, data extracted from iPHIS represent a snapshot at the time of extraction and may differ from previous or subsequent reports.

LABORATORY DATA

- The most recent monthly summary of laboratory data was extracted from the Public Health
 Ontario Laboratory Information Management System on January 6, 2025 and reflect finalized
 molecular PCR results indicating acute measles infection for samples received up to January 6,
 2025. Specimen collection date was used where available, otherwise login date was used. Counts
 represent unique individuals and may change in future reports as results are finalized.
- Due to differences in the dates of extraction for case and laboratory data, the number of cases and individuals testing positive by PCR may differ.

ONTARIO POPULATION DATA

Ontario population data were sourced from Statistics Canada and the Ministry of Finance:

- Statistics Canada. Population estimates 2013-2022: table 17-10-0134-01: estimates of population (2016 census and administrative data), by age group and sex for July 1st, Canada, provinces, territories, health regions (2018 boundaries) and peer groups [Internet]. Ottawa, ON: Government of Canada; 2023 Mar 2 [extracted 2023 Mar 13]. Available from: https://doi.org/10.25318/1710013401-eng
- Population projections 2023-2024: Population reporting. Population Projections Public Health Unit, 2022-2046 [data file]. Toronto ON: Ministry of Finance [producer]; Toronto, ON: Ontario. Ministry of Health, IntelliHealth Ontario [distributor]; [data extracted 2023 May 10].

Data Caveats

- Data reported for 2020-2022 should be interpreted with caution. Both testing and iPHIS data entry practices were likely impacted by the COVID-19 pandemic response.
- Only measles cases meeting the confirmed and probable case classification as listed in the Ontario MOH surveillance³ or outbreak case definitions are included in the reported case counts.
 - Changes to provincial surveillance case definitions and disease classifications have occurred over the years and thus may impact the analysis of trends over time. Cases are classified in iPHIS based on the Ontario MOH surveillance case definitions in use at the time the case was identified.
 - PHO's technical report "Factors Affecting Reporting Diseases in Ontario: Case Definition Changes and Associated Trends 1991-2016" and its associated appendix provide more detailed information on this topic.⁴

- With the exception of Figure 1 where cases of measles are reported based on the rash onset date, cases of measles are reported based on the Episode Date in all other analysis. Episode date is an estimate of the onset date of disease for a case that is determined using the following hierarchy in iPHIS: Onset Date > Specimen Collection Date > Lab Test Date > Reported Date.
 - For example: If an Onset Date exists, it will be used as the Episode Date. If Onset Date is not available, then the next available date in the hierarchy (i.e., Specimen Collection Date) will be used, and so on.
- Case counts by geography are based on the diagnosing health unit (DHU). DHU refers to the case's public health unit of residence at the time of illness onset or report to public health and not necessarily the location of exposure. Cases that were not residents of Ontario at the time of illness onset were excluded from the analysis.
- Cases for which the Disposition Status was reported as ENTERED IN ERROR, DOES NOT MEET DEFINITION, DUPLICATE-DO NOT USE, or any variation on these values, were excluded from this analysis.
- To determine immunization status of cases, only documented doses of a measles-containing vaccine administered on or after the 1st birthday and at least 14 days prior to disease onset were included.
- A case of measles is considered imported if the person travelled outside Canada 7 to 21 days prior to rash onset.
- To be considered as a fatal case outcome, a case must not have REPORTABLE DISEASE WAS UNRELATED TO CAUSE OF DEATH selected as the Death Type Description, at the time of data extraction.

References

- 1. Gastanaduy P, Haber P, Rota PA, Patel M. Measles. In: Centers for Disease Control and Prevention, author; Hall E, Wodi PA, Hamborsky J, Morelli V, Schillie S, editors. Epidemiology and prevention of vaccine-preventable diseases. 14th ed. Washington, DC: Public Health Foundation; 2021 [cited 2024 Mar 05]. Available from: https://www.cdc.gov/vaccines/pubs/pinkbook/meas.html
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- Ontario. Ministry of Health. Ontario public health standards: requirements for programs, services and accountability. Infectious diseases protocol. Appendix 1: case definitions and disease-specific information. Disease: measles. Effective: March 2024. Toronto, ON: Queen's Printer for Ontario; 2022. Available from: https://www.ontario.ca/files/2024-03/moh-measles-appendix-en-2024-03-19.pdf
- 4. Ontario Agency for Health Protection and Promotion (Public Health Ontario). Factors affecting reportable diseases in Ontario: case definition changes and associated trends in Ontario: 1991-2016 [Internet]. Toronto, ON: Queen's Printer for Ontario; 2018 [cited 2024 Mar 05]. Appendix, Measles. Available from: https://www.publichealthontario.ca/-/media/documents/F/2018/factors-reportable-diseases-ontario-1991-2016.pdf?la=en&hash=A10D37CEE72926746247664DEA6E8E503AFAE0B2

Citation

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