

## AT A GLANCE

# Examples of Single-Use/Disposable/Single-Client Items

This document is an excerpt from the [Guide to Infection Prevention and Control in Personal Service Settings](#). It outlines common single-use disposable items used in personal service settings. These are items that cannot be properly disinfected between uses or it is unsafe to do so. For more information, please consult the full Guide, visit the [IPAC in Personal Service Settings webpage](#) or email [ipac@oahpp.ca](mailto:ipac@oahpp.ca).

Personal Service	Items
<b>Body piercing and body modification</b>	<ul style="list-style-type: none"> <li>• Biopsy tools*</li> <li>• Closed-ended receiving tools</li> <li>• Disposable clamps and forceps</li> <li>• Dermal punch*</li> <li>• Electrocautery/cautery tip*</li> <li>• Implants (silicone, magnetic)*</li> <li>• Jewellery (stud earring, hoop, ball or screw)*</li> <li>• Marking pen or toothpick</li> <li>• Needles and cannulas*</li> <li>• Ointment applicators</li> <li>• Single-use personal protective equipment (gloves, masks, gowns, eye protection)</li> <li>• Receiving cork</li> <li>• Scalpel blades for body modification, such as scarification, implants and surface dermals*</li> <li>• Swab used to apply skin antiseptic</li> </ul>
<b>Earlobe piercing</b>	<ul style="list-style-type: none"> <li>• Cartridge*</li> <li>• Marking pen or toothpick</li> <li>• Opened piercing jewellery (i.e., if a single earring of a pair is used, the second earring is to be given to client or discarded and is not to be reused)</li> <li>• Opened unpackaged jewellery*</li> <li>• Single-use PPE (gloves, masks, gowns, eye protection)</li> <li>• Single-use stud holder*</li> <li>• Swab used to apply skin antiseptic and ointments</li> </ul>

Personal Service	Items
<p><b>Electrolysis and hair removal (including waxing)</b></p>	<ul style="list-style-type: none"> <li>• Electrolysis needles*</li> <li>• Eyebrow razors</li> <li>• Eyebrow-threading threads</li> <li>• Lancets and needles used to remove ingrown hairs*</li> <li>• Roll-on wax cartridges (to be given to client or discarded after use and not be reused)</li> <li>• Single-use PPE (gloves, masks, gowns, eye protection)</li> <li>• Single use removable tip/cap</li> <li>• Swab/applicators used to apply skin antiseptic and ointments</li> <li>• Paper (used to cover the waxing bed and table)</li> <li>• Plastic sheaths (used to cover cords)</li> <li>• Waxing applicator sticks</li> <li>• Waxing strips</li> </ul>
<p><b>Hairdressing and barbering</b></p>	<ul style="list-style-type: none"> <li>• Applicator used to apply styptic powder or liquid to stop bleeding</li> <li>• Gloves</li> <li>• Hair threading or weaving needles</li> <li>• Neck strip</li> <li>• Single-use crochet hooks for cap highlights</li> <li>• Single-use disposable razors and/or blades</li> <li>• Styptic products</li> </ul>
<p>Manicure, pedicure and nail treatments</p>	<ul style="list-style-type: none"> <li>• Abrasive pads for removing calluses</li> <li>• Callus blades (credo blades)</li> <li>• Buffing blocks</li> <li>• Emery boards (paper or foam)</li> <li>• Foam flip flops</li> <li>• Orange or wood sticks</li> <li>• Pumice stones</li> <li>• Single-use PPE (gloves, masks, gowns, eye protection)</li> <li>• Sponges</li> <li>• Toe separators</li> </ul>

Personal Service	Items
<b>Tattooing and micropigmentation</b>	<ul style="list-style-type: none"> <li>• Bandages to cover tattoos</li> <li>• Cups and liquids used for rinsing between colours</li> <li>• Disposable ink caps (see <a href="#">chapter 5.5, Safe Use and Storage of Products Used on Client</a>)</li> <li>• Elastic bands used on equipment or instruments</li> <li>• Lubricant applicators</li> <li>• Needles (purchased pre-packaged or after needles attached to needle bar on site (i.e., soldering))*</li> <li>• Needle cartridges*</li> <li>• Plastic sheaths (used to cover the tattoo machine, cords, power supply, bottles)</li> <li>• Purchased pre-packaged sterile needles*</li> <li>• Razors</li> <li>• Rinsing cups</li> <li>• Single-use needle bars</li> <li>• Single-use PPE (gloves, masks, gowns, eye protection)</li> <li>• Stencils</li> <li>• Swabs used to apply skin antiseptic</li> <li>• Top hat grommet</li> <li>• Water mixed with tattoo inks</li> <li>• Wipes, tissues, and dental bibs used during procedure</li> </ul>
<b>Other personal services (e.g., makeup, facials, tinting, eyelash extensions, colonics, floatation)</b>	<ul style="list-style-type: none"> <li>• Applicators for tint, makeup, and ointment</li> <li>• Bags used for paraffin wax treatments</li> <li>• Colonic speculum and tubing (both waste and water)</li> <li>• Ear plugs</li> <li>• Lancets or needles used for facial extraction*</li> <li>• Microblades*</li> <li>• Microneedle rollers*</li> <li>• Paraffin wax and waxing applicators</li> <li>• Single-use PPE (gloves, masks, gowns, eye protection)</li> <li>• Slippers or foot covers for client during procedure</li> <li>• Unused decanted products (e.g., lotions, creams, wax, eye lashes, makeup)</li> </ul>

\*These items are to be sterile prior to use (packaged sterile or sterilized on-site).

## Citation

Ontario Agency for Health Protection and Promotion (Public Health Ontario). At a glance: examples of single-use/disposable/single-client items by personal service. 1<sup>st</sup> revision, July 2019. Toronto, ON: Queen's Printer for Ontario; 2019.

©Queen's Printer for Ontario, 2019

## Disclaimer

This document was developed by Public Health Ontario (PHO). PHO provides scientific and technical advice to Ontario's government, public health organizations and health care providers. PHO's work is guided by the current best available evidence at the time of publication.

The application and use of this document is the responsibility of the user. PHO assumes no liability resulting from any such application or use.

This document may be reproduced without permission for non-commercial purposes only and provided that appropriate credit is given to PHO. No changes and/or modifications may be made to this document without express written permission from PHO.

### Publication history:

Published: November 2018

1<sup>st</sup> Revision: July 2019

**Note:** To see the revisions, please refer to [Guide to Infection Prevention and Control in Personal Service Settings](#).

Public Health Ontario acknowledges the financial support of the Ontario Government.