

The Burden of Chronic Diseases in Ontario

Key Estimates to Support Efforts in Prevention

The full report and supplemental materials are available at ccohealth.ca/cdburden and publichealthontario.ca/cdburden

Estimates for sub-Ontario geographies

Estimates in The Burden of Chronic Diseases in Ontario report are presented for Ontario as a whole. Some estimates are also available for sub-Ontario geographies, such as by public health unit and Local Health Integration Network (LHIN) through PHO's online tool [Snapshots](#).

With authorization to access the necessary data, estimates may be generated for additional geographies by consulting the methods in the report's [technical appendix](#).

Public health unit and LHIN estimates available in PHO's Snapshots

For each Snapshot, click the drop-down indicator button to select the disease/risk factor, analysis and year. Note that some Snapshots have more recent data than was used in The Burden of Chronic Diseases in Ontario report. Please see the report's [technical appendix](#) for details about all of the estimates. For questions about using Snapshots, please contact analytics@oahpp.ca.

Estimate	Link to Snapshots and details about indicator
Cancer mortality, number of deaths	Cancer Mortality Snapshot Select mortality from all cancers, crude rate (both sexes), 2015
Cardiovascular disease mortality, number of deaths	Chronic Disease Mortality Snapshot Select mortality from cardiovascular disease, crude rate (both sexes), 2015
Chronic lower respiratory disease mortality, number of deaths	Chronic Disease Mortality Snapshot Select mortality from lower respiratory disease indicator, crude rate (both sexes), 2015
Diabetes mortality, number of deaths	Chronic Disease Mortality Snapshot Select mortality from diabetes indicator, crude rate (both sexes), 2015
Cancer, number of hospitalizations	See the technical appendix , page 25
Cardiovascular diseases, number of hospitalizations	Chronic Disease Hospitalization Snapshot Select hospitalization for cardiovascular disease, crude rate (both sexes), 2016
Chronic obstructive pulmonary disease (COPD), number of hospitalizations	Chronic Disease Hospitalization Snapshot Select hospitalization for COPD indicator, crude rate (both sexes), 2016
Asthma, number of hospitalizations	Chronic Disease Hospitalization Snapshot Select hospitalization for asthma indicator, crude rate (both sexes), 2016

Estimate	Link to Snapshots and details about indicator
Diabetes, number of hospitalizations	Chronic Disease Hospitalization Snapshot Select hospitalization for diabetes indicator, crude rate (both sexes), 2016
Current smokers, adults (ages 20+)	Self-Reported Smoking Snapshot Select self-reported adult current smoking rate (daily or occasional), crude rate (both sexes), 2015-2016
Current smokers, youth (12–19)	Self-Reported Smoking Snapshot Select self-reported youth (12-19) current smoking rate (daily or occasional), crude rate (both sexes), 2015-2016
Alcohol consumption (Canada’s Low-Risk Alcohol Drinking Guidelines), adults (ages 19+)	Self-Reported Alcohol Use Snapshot Select self-reported rate of exceeding low-risk alcohol drinking guideline for chronic disease, crude rate (both sexes), 2015-2016
Underage drinking, youth (ages 12–18)	Self-Reported Alcohol Use Snapshot Select self-reported underage drinking rate, crude rate (both sexes), 2015-2016
Physical inactivity	See the technical appendix , page 40
Inadequate vegetable and fruit consumption, adults (ages 20+)	See the technical appendix , page 47
Inadequate vegetable and fruit consumption, youth (ages 12–19)	Self-Reported Nutrition and Healthy Weights Snapshot Select self-reported consumption of vegetables and fruits four or less time per day, age-specific rate (age 12-19), 2015-2016