4 Moments of HAND HYGIENE

1 BEFORE

Touching the patient / resident / client or their environment.

2 BEFORE

Aseptic procedures.

3 AFTER

Body fluid exposure risk.

4 AFTER

Touching the patient / resident / client or their environment.

4 Moments of HAND HYGIENE

Clean your hands...

- BEFORE first touching the patient / resident / client or any object or furniture in their environment.
- Immediately BEFORE any aseptic procedures.
- AFTER body fluid exposure (and after glove removal).
- AFTER touching patient / resident / client or any object or furniture in their environment.

Clean hands protect yourself, others and the environment from harmful germs.

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