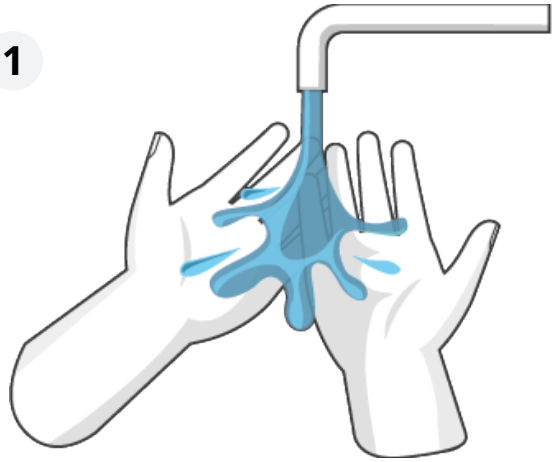
How to:

Perform Hand Hygiene Using Soap and Water

Public Health Ontario | Santé publique Ontario

If hands are visibly soiled:

1



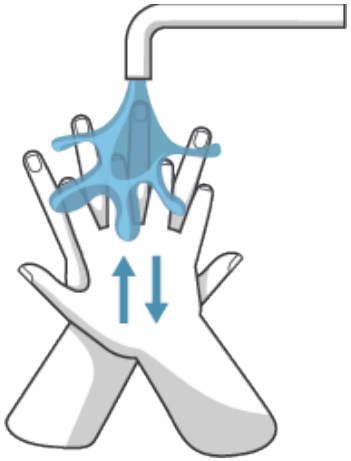
Wet hands with warm water and apply soap.

2



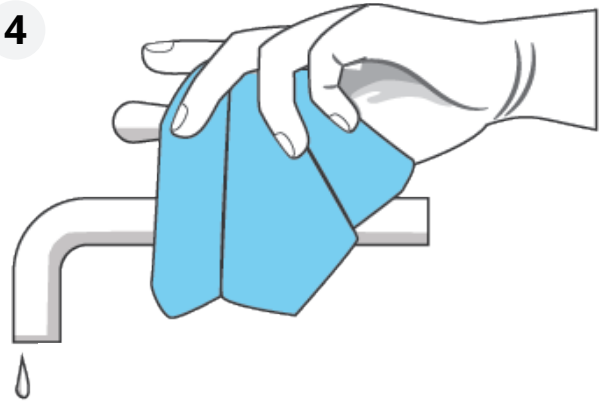
Clean all surfaces, palms, backs of each hand, fingertips, between fingers, and bases of thumbs for at least 15 seconds.

3



Rinse hands with water and pat dry with a paper towel.

4



Turn off the tap using a paper towel.