

This is a scored test. There are 5 questions in this test. The mark for each question is 20. The passing score for this test is 100. You have to get all questions correct in order to get a pass. You will be awarded a certificate if you pass the test.

Question 1

Study the series of actions performed by a Health Care Provider:

1. Enters the room/clinic exam room,
2. Cleans hands with ABHR,
3. Speaks with the client/patient/resident and takes his/her pulse, and
4. Leaves the client/patient/resident room

In this scenario, which of the “4 Moments for Hand Hygiene” was missed? Put a “✓” in the appropriate box.

- A. Before initial contact with the patient/resident and his/her environment
- B. Before performing an aseptic technique
- C. After blood or body fluid risk
- D. After contact with the client/patient/resident and his/her environment

Question 2

Arrange the following steps for hand washing in the correct sequence. Write the number that corresponds to the correct step in the box provided.

- Apply soap
- Wash hands for 15 seconds
- Turn on tap
- Rinse with running water
- Turn off tap with paper towel
- Dry with paper towel
- Wet hands

Question 3

You are required to perform the following tasks. Select the appropriate type of PPE to use. If no PPE is required, select “no PPE.” Put a “✓” in the appropriate box.

	Gloves	Gown	Facial Protection	No PPE
Push a bed				
Wipe up a urine spill on the floor with paper towels				
Remove a client/patient/resident’s dentures from his/her mouth				
Help a client/patient/resident to exercise his/her arm				
Take the temperature of a client/patient/resident who has new fever, cough, shortness of breath				

Question 4

You have just performed continence care for a disoriented, uncooperative client/patient/resident, who has a new fever, cough and shortness of breath. You need to remove your PPE. Arrange the correct order for taking off PPE. Write the **number** that corresponds to the step in the box provided.

- Remove eye protection
- Perform hand hygiene
- Remove gloves
- Perform hand hygiene again
- Remove gown
- Remove mask

Question 5

Which of the following scenarios show the Health Care Provider using proper Routine Practices?
Select “true” if the Health Care Provider follows Routine Practices and “false” if he/she does not.
Insert a “ ✓ ” in the appropriate box.

	True	False
A Health Care Provider wears double gloves and sometimes triple gloves for better protection of his/her hands.		
A Health Care Provider wears a lab coat when providing care to protect his/her clothing from becoming soiled.		
A Health Care Provider stores a mask in his/her pocket so it can be used immediately.		
A Health Care Provider cleans his/her hands immediately after removing gloves.		
A Health Care Provider wears eye protection over his/her prescription glasses to protect himself/herself from potentially infectious droplets.		

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This is the end of the test