

IPAC – Core Competencies

Health Care Provider Controls: Challenge Quiz

Now it's time to test your comprehension of IPAC – Core Competency – Health Care Provider Controls. There are 5 questions below. Read the questions carefully, then answer.

Once you have finished, review the Answer Key below and compare your answers. If your answers do not match, go back and review the course material. If they do match, please follow the certificate of completion instructions found at the end of this document.

Question 1

A Health Care Provider performs the following sequence:

1. A Health Care Provider enters the room/clinic exam room
2. The Health Care Provider cleans hands with ABHR
3. The Health Care Provider speaks with the client/patient resident and takes their pulse
4. The Health Care Provider leaves the client/patient/resident room

In this scenario, which of the “4 Moments for Hand Hygiene” was missed?

Before initial contact with the client/patient/resident and his/her environment

Before performing an aseptic technique

After blood or body fluid risk

After contact with the client/patient/resident and his/her environment

Question 2

Arrange the following steps for hand washing in the correct sequence

Turn off tap with paper towel

Rinse with running water

Dry with paper towel

Apply soap

Wet hands

Wash hands for 15 seconds

Turn on taps

Question 3

You are required to perform the following tasks. Select the appropriate type of PPE to use. If no PPE is required for a task, click on “no PPE.”

Click on the appropriate answer and click the submit button. Select ALL that apply.

Push a bed

Gown Gloves Facial Protection No PPE

Wipe up a urine spill on the floor with paper towels

Gown Gloves Facial Protection No PPE

Remove a client/patient/resident’s dentures from his/her mouth

Gown Gloves Facial Protection No PPE

Help a client/patient/resident to exercise his/her arm

Gown Gloves Facial Protection No PPE

Take the temperature of a client/patient who has new fever, cough, shortness of breath

Gown Gloves Facial Protection No PPE

Question 4

You have just performed continence care for a disoriented, uncooperative client/patient/resident, who has a new fever, cough and shortness of breath. You need to remove your PPE.

Arrange the correct order for taking off PPE

- Remove mask
- Remove gloves
- Remove eye protection
- Perform hand hygiene
- Remove gown
- Perform hand hygiene

Question 5

Which of the following scenarios show the Health Care Provider using proper Routine Practices? Select the check boxes below that are correct if the Health Care Provider follows Routine Practices.

A Health Care Provider wears double gloves and sometimes triple gloves for better protection of his/her hands

A Health Care Provider wears a lab coat when providing care to protect his/her clothing from becoming soiled

A Health Care Provider stores a mask in his/her pocket so it can be used immediately

A Health Care Provider cleans his/her hands immediately after removing gloves

A Health Care Provider wears eye protection over his/her prescription glasses to protect himself/herself from potentially infectious

Health Care Provider Controls: Answer Key

Question 1: In this scenario, which of the “4 Moments for Hand Hygiene” was missed?

Correct answer:

After contact with the client/patient/resident and his/her environment

Question 2: Arrange the following steps for hand washing in the correct sequence:

Correct sequence:

Turn on tap

Wet hands

Apply soap

Wash hands for 15 seconds

Rinse with running water

Dry with paper towel

Turn off tap with paper towel

Question3: You are required to perform the following tasks. Select the appropriate type of PPE to use. If no PPE is required for a task, click on “no PPE.”

Correct answers:

Push a bed:

No PPE

Wipe up a urine spill on the floor with paper towels:

Gloves

Remove a client/patient/resident’s dentures from his/her mouth:

Gloves

Help a client/patient/resident to exercise his/her arm:

No PPE

Take the temperature of a client/patient who has new fever, cough, shortness of breath:

Facial Protection

Question 4: Arrange the correct order for taking off PPE

Correct order:

Remove gloves

Remove gown

Remove eye protection

Remove mask

Perform hand hygiene again

Question 5: Which of the following scenarios show the Health Care Provider using proper Routine Practices?

Correct answers:

A Health Care Provider cleans his/her hands immediately after removing gloves

A Health Care Provider wears eye protection over his/her prescription glasses to protect himself/herself from potentially infectious

Certificate

Once you have successfully completed the Challenge Questions you may [download or print a Certificate of Completion](#).

For questions about the material, please contact ipac@oahpp.ca.