

ENHANCED EPIDEMIOLOGICAL SUMMARY

Invasive Group A Streptococcal (iGAS) Disease in Ontario: October 1, 2023 to April 30, 2024

Published: May 16, 2024

Introduction

This report provides an epidemiologic summary of iGAS activity in Ontario from October 1, 2023 to April 30, 2024, compared to the previous season's iGAS activity from October 1, 2022 to April 30, 2023, based on information entered in the Ontario Ministry of Health (MOH) integrated Public Health Information System (iPHIS) database. For comparison purposes, data on monthly confirmed iGAS case counts for the five pre-pandemic seasons (October 1, 2014 – September 30, 2019) are included in <u>Appendix A</u>. Additional data for the most recent pre-pandemic seasons relating to age distribution of cases, severity, geographic distribution and *emm* typing, can be found in the <u>Invasive Group A Streptococcal (iGAS)</u> Disease in Ontario: October 1, 2022 to September 30, 2023 report.

An iGAS season is defined as the period spanning from October 1 to September 30.

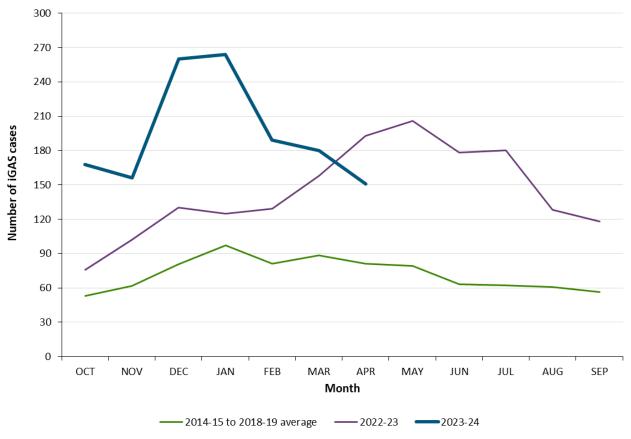
Highlights

- A total of 1,368 confirmed iGAS cases were reported in Ontario between October 1, 2023 and April 30, 2024, corresponding to an overall incidence rate of 8.8 cases per 100,000 population (Table 1).
- There was an overall decrease in the number of iGAS cases reported in April 2024 (n=151) compared to March 2024 (n=180), continuing the decline from January's peak (Figure 1). The number of iGAS cases among those under 18 years of age continued to decline in April (n=14) after peaking in December 2023 (n=46, Figure 2).
- In April 2024, rates of confirmed iGAS cases were highest in Thunder Bay District Health Unit, Northwestern Health Unit, and Peterborough Public Health (<u>Figure 3</u>). Northwestern Health Unit, Thunder Bay District Health Unit and Peterborough Public Health have reported the highest average monthly rates for the season thus far (Figure 4).
- Those 65 years of age and older reported the highest incidence rate (15.2 cases per 100,000 population), followed by those in the one to four and five to nine age groups (9.6 cases per 100,000, <u>Table 1</u>). Compared to the 2022-23 season, the largest rate increases in 2023-24 were seen in those aged five to nine years (140.0% increase) and 10 to 13 years (112.5% increase).
- The overall proportion of iGAS cases requiring hospitalization this season to date is slightly higher than the corresponding proportion for the previous season (79.8% vs. 76.1%, Table 2).

- As of April 30, 2024, 7.7% (13/169) of iGAS cases under 18 years of years of age have had a fatal outcome reported, which is higher than the corresponding proportion for the previous season (5.9% of cases under 18 years of age). In the 2023-24 season, 13 deaths among those under 18 years of age have been reported to date, compared to 12 pediatric deaths reported for all of the 2022-23 season (Table 2).¹
- Among iGAS cases in the 2023-24 season to date, emm types were available for 63.0% of cases 18 years of age and above, and for 70.4% of cases under 18 years of age (<u>Table 3</u>), however these percentages are expected to increase because emm types are often confirmed after initial public health notification and follow up with the case. So far this season, the most commonly reported emm types are emm1, emm74 and emm12 in adults and emm1, emm12 and emm2 in children.

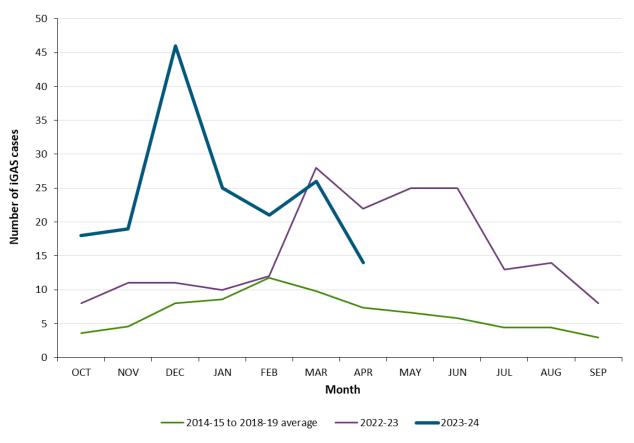
Trends

Figure 1: Confirmed iGAS Case Counts by Month for all Ages: Current Season (October 1, 2023 – April 30, 2024)* Compared to the 2022-23 Season (October 1, 2022 – September 30, 2023) and the Five Pre-Pandemic Season Average (October 1, 2014 – September 30, 2019)



^{*}Data for the 2023-2024 season includes cases reported up to April 30, 2024. Data for the most recent reporting month should be interpreted with caution due to reporting and/or data entry lags.

Figure 2: Confirmed iGAS Case Counts by Month in Children 0-17 Years of Age: Current Season (October 1, 2023 – April 30, 2024)* Compared to the 2022-23 Season (October 1, 2022 – September 30, 2023) and the Five Pre-Pandemic Seasons (October 1, 2014 – September 30, 2019)



*Data for the 2023-2024 season includes cases reported up to April 30, 2024. Data for the most recent reporting month should be interpreted with caution due to reporting and/or data entry lags.

Table 1: Confirmed iGAS Cases and Rate (per 100,000 Population) by Age Group in Ontario: Current Season (October 1, 2023 – April 30, 2024) Compared to the 2022-23 Season (October 1, 2022 – April 30, 2023)*

Age group (years)	Current season: Total number of cases reported (October 1, 2023 – April 30, 2024)	Current season: Rate per 100,000 population (October 1, 2023 – April 30, 2024)	Previous season: Total number of cases reported (October 1, 2022 – April 30, 2023)	Previous season: Rate per 100,000 population (October 1, 2022 – April 30, 2023)	Percentage change in current season rate compared to 2022-23 season
< 1	8	5.3	11	7.5	-29.3%
1-4	56	9.6	44	7.6	+26.3%
5 – 9	74	9.6	31	4.0	+140%
10 – 13	22	3.4	10	1.6	+112.5%
14 – 17	9	1.3	6	0.9	+44.4%
18 – 64	746	7.6	485	5.0	+52%
≥ 65	451	15.2	326	11.4	+33.3%
Unknown	2	N/A	0	N/A	N/A
Total	1,368	8.8	913	5.9	+49.2%

^{*}For the previous season, only data for confirmed iGAS cases reported October 1, 2022 – April 30, 2023 are presented for comparability to the current iGAS season.

Figure 3: Rate of Confirmed Cases of iGAS Reported in April 2024 by Public Health Unit in Ontario

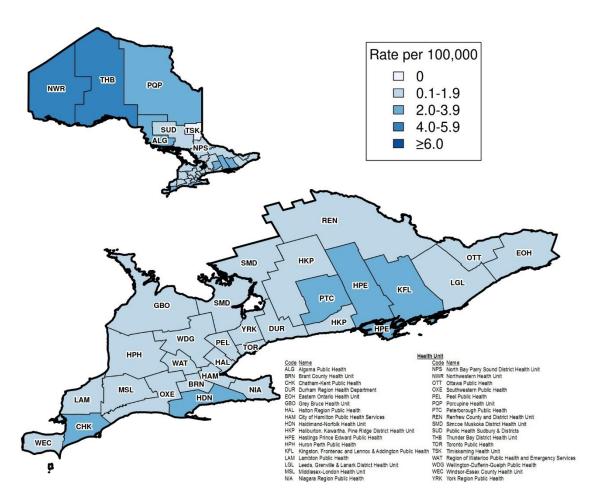
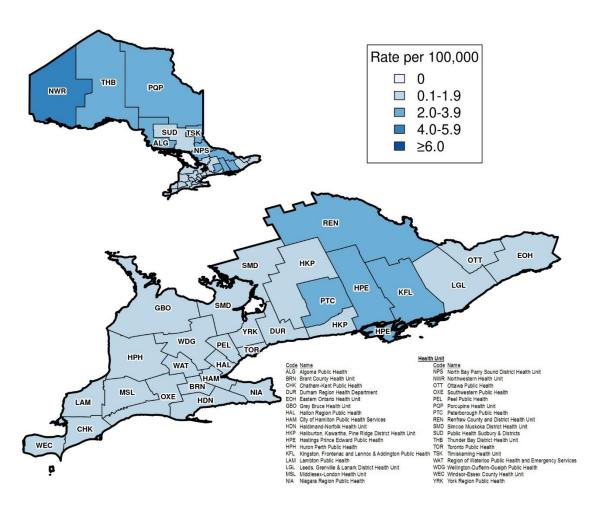


Figure 4. Monthly rate of confirmed cases of iGAS reported in the current season (October 1, 2023 – April 30, 2024) by public health unit: Ontario*



*The monthly rate was determined by dividing the cumulative rate of confirmed iGAS cases for each PHU by the number of months included in the reporting period (i.e., for data captured until April 30, 2024, the cumulative rate was divided by seven to determine the monthly rate for each PHU).

Severity

Table 2: Severe Outcomes for Confirmed iGAS Cases by Age Group and Season in Ontario: Current Season (October 1, 2023 – April 30, 2024) Compared to the 2022-23 Season (October 1, 2022 – April 30, 2023)*

Age group (years)	Current season: Number (%) of cases hospitalized (October 1, 2023 – April 30, 2024)	Previous season: Number (%) of cases hospitalized (October 1, 2022 – April 30, 2023)	Current season: Number (%) of cases with a fatal outcome (October 1, 2023 – April 30, 2024)	Previous season: Number (%) of cases with a fatal outcome (October 1, 2022 – April 30, 2023)
< 1	7/8 (87.5%)	8/11 (72.7%)	1/8 (12.5%)	0/11 (0.0%)
1-4	47/56 (83.9%)	39/44 (88.6%)	6/56 (10.7%)	4/44 (9.1%)
5 - 9	66/74 (89.2%)	25/31 (80.6%)	5/74 (6.8%)	2/31 (6.5%)
10 - 13	17/22 (77.3%)	7/10 (70.0%)	1/22 (4.5%)	0/10 (0.0%)
14 - 17	6/9 (66.7%)	5/6 (83.3%)	0/9 (0.0%)	0/6 (0.0%)
18 - 64	586/746 (78.6%)	362/485 (74.6%)	87/746 (11.7%)	51/485 (10.5%)
≥65	362/451 (80.3%)	249/326 (76.4%)	74/451 (16.4%)	65/326 (19.9%)
Unknown	0/2 (0.0%)	0/0 (0.0%)	0/2 (0.0%)	0/0 (0.0%)
Total	1,091/1,368 (79.8%)	695/913 (76.1%)	174/1,368 (12.7%)	122/913 (13.4%)

^{*}For the previous season, only data for confirmed iGAS cases reported October 1, 2022 – April 30, 2023 are presented for comparability to the current iGAS season.

Table 3: Number (%) of Most Commonly Reported *Emm* Types Among Confirmed iGAS Cases in Ontario by Age Group*: Current Season (October 1, 2023 – April 30, 2024) Compared to the 2022-23 Season (October 1, 2022 – April 30, 2023)**

Most commonly reported <i>emm</i> type by rank	Current season: ≥ 18 years of age (October 1, 2023 – April 30, 2024)	Previous season: ≥ 18 years of age (October 1, 2022 – April 30, 2023)	Current season: < 18 years of age (October 1, 2023 – April 30, 2024)	Previous season: < 18 years of age (October 1, 2022 – April 30, 2023)	
emm1	265 (35.1%)	67 (10.9%)	86 (72.3%)	30 (39.5%)	
emm74	44 (5.8%)	29 (4.7%)	0 (0.0%)	0 (0.0%)	
emm12	42 (5.6%)	87 (14.2%)	11 (9.2%)	29 (38.2%)	
emm80	41 (5.4%)	48 (7.8%)	0 (0.0%)	1 (1.3%)	
emm59	39 (5.2%)	9 (1.5%)	0 (0.0%)	0 (0.0%)	
emm82	39 (5.2%)	64 (10.4%)	1 (0.8%)	0 (0.0%)	
emm49	34 (4.5%)	76 (12.4%)	1 (0.8%)	4 (5.3%)	
emm41	33 (4.4%)	20 (3.3%)	0 (0.0%)	1 (1.3%)	
emm92	30 (4.0%)	14 (2.3%)	0 (0.0%)	0 (0.0%)	
emm2	26 (3.4%)	5 (0.8%)	4 (3.4%)	2 (2.6%)	
emm76	18 (2.4%)	11 (1.8%)	0 (0.0%)	1 (1.3%)	
emm28	17 (2.3%)	12 (2.0%)	1 (0.8%)	2 (2.6%)	
Other	126 (16.7%)	172 (28.0%)	15 (12.6%)	6 (7.9%)	
Total with emm type	754 (63.0%)	614 (75.7%)	119 (70.4%)	76 (74.5%)	
Total without <i>emm</i> type	443 (37.0%)	197 (24.3%)	50 (29.6%)	26 (25.5%)	
Total	1,197 (100.0%)	811 (100.0%)	169 (100.0%)	102 (100.0%)	

^{*} Cases with an unknown age are excluded from this table.

^{**}For the previous season, only data for confirmed iGAS cases reported October 1, 2022 – April 30, 2023 are presented for comparability to the current iGAS season.

Technical Notes

- The data for this report were based on information entered in iPHIS as of:
 - May 13, 2024 at 9 a.m. for cases reported October 1, 2022 onwards
 - October 10, 2023 at 9 a.m. for cases reported during the five pre-pandemic seasons (October 1, 2014 September 30, 2019)
- iPHIS is a dynamic disease reporting system that allows ongoing updates to previously entered data. As a result, data extracted from iPHIS represent a snapshot at the time of extraction and may differ from previous or subsequent reports.
- These data only represent laboratory-confirmed cases of iGAS reported to public health and recorded in iPHIS. As a result, all case counts are subject to varying degrees of underreporting due to a variety of factors, such as disease awareness and medical care seeking behaviours that may depend on severity of illness, clinical practices, and changes in laboratory testing and reporting behaviours.
- Population estimates used to calculate rates for total cases were calculated using the Ontario 2023 and 2024 population projections², sourced from the Ontario Ministry of Finance.
- Only iGAS cases meeting the confirmed case classification as listed in the Ontario Ministry of Health (MOH) surveillance case definitions are included in the reported case counts.
 - Provincial surveillance case definitions available online under the Infectious Diseases Protocol are the most current.
 - Changes to provincial surveillance case definitions and disease classifications have
 occurred over the years and thus may impact the analysis of trends over time. Cases are
 classified in iPHIS based on the Ontario MOH surveillance case definitions in use at the
 time the case was identified.
 - PHO's technical report "Factors Affecting Reporting Diseases in Ontario: Case Definition Changes and Associated Trends 1991-2016" and its associated appendix provide more detailed information on this topic.
- Cases are reported based on the Episode Date, which is an estimate of the onset date of disease
 for a case. In order to determine this date, the following hierarchy exists in iPHIS: Onset Date >
 Specimen Collection Date > Lab Test Date > Reported Date.
 - For example: If an Onset Date exists, it will be used as the Episode Date. If Onset Date is not available, then the next available date in the hierarchy (i.e., Specimen Collection Date) will be used, and so on.
- Hospitalized iGAS cases were determined based on a reported intervention type description of "Hospitalization" or "ICU" (Intensive Care Unit) and a reported intervention start date on or after the case's episode date.
- Fatal iGAS cases were determined based on a case outcome description of "Fatal" and the type
 of death not being reported as "Reportable disease was unrelated to cause of death."
- Cases for which the Diagnosing Heath Unit (DHU) was reported as Ontario Ministry of Health and Long-Term Care (MOHLTC) (to signify a case that is not a resident of Ontario) or MUSKOKA-PARRY SOUND (a public health unit that no longer exists) were excluded from this analysis.

References

- Ontario Agency for Health Protection and Promotion (Public Health Ontario). Invasive Group A Streptococcal (iGAS) Disease in Ontario: October 1, 2022 to September 30, 2023. Toronto, ON: King's Printer for Ontario; 2023. Available from: https://www.publichealthontario.ca/-/media/Documents/I/2022/igas-enhanced-epi-children-0-to-17-years-of-age.pdf?rev=9d287b2b6d974631aeed33cc73242984&sc_lang=en
- Population Reporting. Population projections public health unit, 2022-2046 [data file]. Toronto, ON: Ontario. Ministry of Finance [producer]; Toronto, ON: Ontario. Ministry of Health, IntelliHealth Ontario [distributor]; [data extracted 2023 May 10].

Appendix A

Table A1: Confirmed iGAS Case Counts by Month Across all Ages: Current Season (October 1, 2023 - April 30, 2024)* Compared to the 2022-23 Season and the Five Pre-Pandemic Seasons (October 1, 2014 – September 30, 2019)

Month	2014 – 2015	2015 – 2016	2016 – 2017	2017 – 2018	2018 – 2019	2022 – 2023	2023 – 2024
October	31	29	55	81	70	76	168
November	42	41	63	63	99	102	156
December	72	47	95	92	96	130	260
January	78	76	96	138	97	125	264
February	42	75	87	121	80	129	189
March	62	69	102	96	114	158	180
April	55	53	82	126	89	193	151
May	63	52	76	106	99	206	-
June	49	40	68	83	75	178	-
July	41	45	72	73	79	180	-
August	39	44	61	74	85	128	-
September	35	50	55	61	81	118	-
Total	609	621	912	1,114	1,064	1,723	1,368

^{*}Data for the 2023-2024 season includes cases reported up to April 30, 2024. Data for the most recent reporting month should be interpreted with caution due to reporting and/or data entry lags.

Citation

Ontario Agency for Health Protection and Promotion (Public Health Ontario). Invasive Group A Streptococcal (iGAS) Disease in Ontario: October 1, 2023 to April 30, 2024. Toronto, ON: King's Printer for Ontario; 2024.

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