

#### ENHANCED EPIDEMIOLOGICAL SUMMARY

# Invasive Group A Streptococcal (iGAS) Disease in Ontario: October 1, 2024 to April 30, 2025

Published: May 15, 2025

**Note:** Effective January 1, 2025, the Ontario Ministry of Health approved the voluntary merger of nine local public health units into four entities. We have begun incorporating the new names of these health entities in our reports and resources. However, there will be a transitional period where the previous health unit name and/or the new health entity name may be referenced. Please note that updates will not be made retroactively.

#### Introduction

An iGAS season is defined as the period spanning October 1 to September 30. This report summarizes the epidemiology of <u>Group A Streptococcal</u><sup>1</sup> (iGAS) disease in Ontario from October 1, 2024 to April 30, 2025. It provides comparisons to iGAS activity in the last season from October 1, 2023 to April 30, 2024, as well as to past seasons, including the 2022-23 season and the five pre-pandemic seasons (October 1, 2014 to September 30, 2019). The report is based on information entered in the Ontario Ministry of Health (MOH) integrated Public Health Information System (iPHIS) database.

A description of the 2023-24 season that focuses on the age distribution of cases, severity, geographic distribution and *emm* typing can be found in the <u>Invasive Group A Streptococcal (iGAS) Disease in Ontario: 2023-24 Seasonal Summary</u> report.<sup>2</sup>

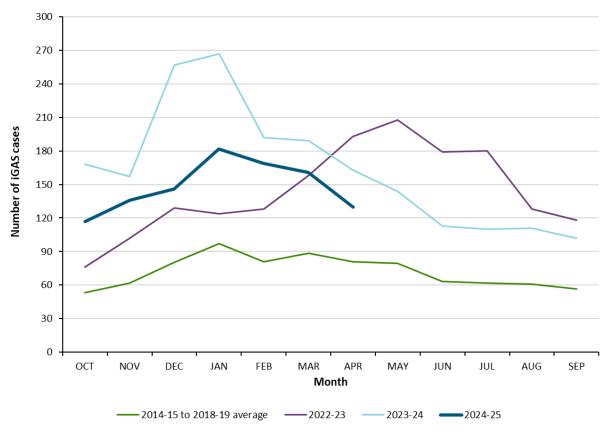
## Highlights

- A total of 1,041 confirmed iGAS cases were reported in Ontario between October 1, 2024 and April 30, 2025, corresponding to an overall incidence rate of 6.4 cases per 100,000 population (<u>Table 1</u>).
- The number of cases reported in April 2025 was lower than the number of cases reported in April
  of the 2022-23 and 2023-24 seasons. April also had the second lowest number of cases of any
  month to date this season with only October reporting fewer cases (Figure 1). Case counts for the
  most recent month should be interpreted with caution owing to an increase in data lags in the
  current season.
  - There were four cases among those under 18 years of age (pediatric cases) in April which is a decline from February's 19 cases and March's nine cases, and the lowest of any month to date this season (Figure 2).
- The overall number of iGAS cases and the incidence rate reported in the 2024-25 season to date is lower than the corresponding values for the same period in the 2023-24 season. This decline represents a 26.4% reduction in the incidence rate.

- However, the total case count in the 2024-25 season thus far continues to exceed counts for the same time period in the 2022-23 season, as well as the average for the five pre-pandemic seasons (<u>Table 1</u>, <u>Figure 1</u>).
- The total number of pediatric iGAS cases reported in the 2024-25 season up to April is lower than the total in 2022-23 for the same time period, but higher than the average for the five prepandemic seasons (Figure 2).
- In April 2025, rates of confirmed iGAS cases were highest in Peterborough Public Health (now part of Haliburton Kawartha Northumberland Peterborough Health Unit) and Porcupine Health Unit (now part of Northeastern Public Health) (Figure 3).
- Those 65 years of age and older reported the highest incidence rate (11.9 cases per 100,000 population). Based on data reported between October to April for the 2023-24 season, all age groups, with the exception of those under one year old, have had lower incidence rates this season to date (Table 1).
- The overall proportion of iGAS cases requiring hospitalization this season to date is lower than the corresponding proportion for the previous season (78.7% vs. 81.3%), however interpretation of the data should consider the possible impact of lags in reporting (Table 2).
- For the 2024-25 season up to April 30, 2025, fatal pediatric iGAS cases have been older compared to the previous season, with all but one of the pediatric fatalities this season occurring in children five years of age and older (Table 2).
  - 5.8% (5/86) of pediatric iGAS cases have had a fatal outcome reported compared to 8.2% (14/170) in the corresponding period in the previous season.
  - The proportion of fatal cases among adults (cases ≥ 18 years of age) in the 2024-25 season was 11.7% (112/955) compared to 13.8% (169/1,221) for the previous season.
  - Interpretation of the data should consider the possible impact of lags in reporting.
- Among iGAS cases in the 2024-25 season to date, the most commonly reported emm types are emm1, emm49, emm3, emm92, and emm41 in adults and emm3, emm1 and emm4 in children (Table 3).
  - Emm types were available for 68.5% of adult cases, and for 73.3% of pediatric cases.
  - These data are expected to change because *emm* types are often confirmed after initial public health notification and follow up with the case.

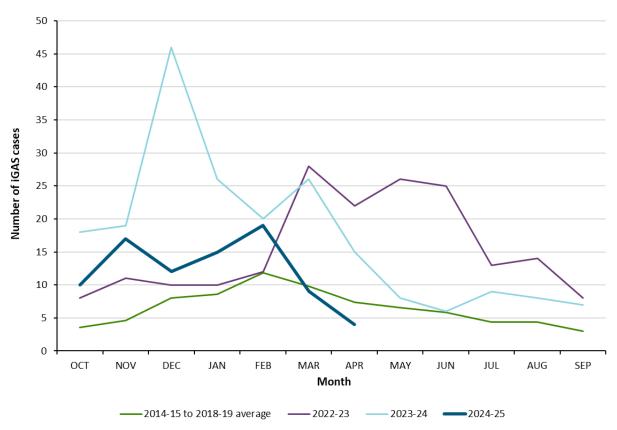
### **Trends**

Figure 1: Confirmed iGAS Case Counts by Month for All Ages: Current Season (October 1, 2024 – April 30, 2025)\* Compared to 2022-23 and 2023-24 and the Five Pre-Pandemic Season Average



<sup>\*</sup>Data for the current season (2024-2025) includes cases reported up to April 30, 2025. Data for the most recent reporting month should be interpreted with caution due to reporting lags.

Figure 2: Confirmed iGAS Case Counts by Month in Children 0-17 Years of Age: Current Season (October 1, 2024 – April 30, 2025)\* Compared to 2022-23 and 2023-24 and the Five Pre-Pandemic Season Average



<sup>\*</sup>Data for the 2024-2025 season includes cases reported up to April 30, 2025. Data for the most recent reporting month should be interpreted with caution due to reporting lags.

Table 1: Confirmed iGAS Cases and Rate (per 100,000 Population) by Age Group in Ontario: Current Season (October 1, 2024 – April 30, 2025) Compared to the 2023-24 Season (October 1, 2023– April 30, 2024)\*

Age Group (years)	Current season: Total number of cases reported (October 1, 2024 – April 30, 2025)	Current season: Rate per 100,000 population (October 1, 2024 – April 30, 2025)	Previous season: Total number of cases reported (October 1, 2023– April 30, 2024)	Previous season: Rate per 100,000 population (October 1, 2023– April 30, 2024)	Percentage change in current season rate compared to 2023-24 season
< 1	9	5.6	8	5.2	+7.7%
1-4	29	4.8	55	9.4	-48.9%
5 – 9	25	3.2	76	9.8	-67.3%
10 – 13	15	2.3	22	3.4	-32.4%
14 – 17	8	1.2	9	1.3	-7.7%
18 – 64	591	5.7	764	7.5	-24.0%
≥ 65	364	11.9	457	15.4	-22.7%
Unknown	0	N/A	2	N/A	N/A
Total	1,041	6.4	1,393	8.7	-26.4%

<sup>\*</sup> For comparability to the current iGAS season, only data for confirmed iGAS cases reported for the previous season from October 1, 2023 – April 30, 2024 are presented.

Figure 3: Rate of Confirmed Cases of iGAS Reported in April 2025 by Public Health Unit in Ontario

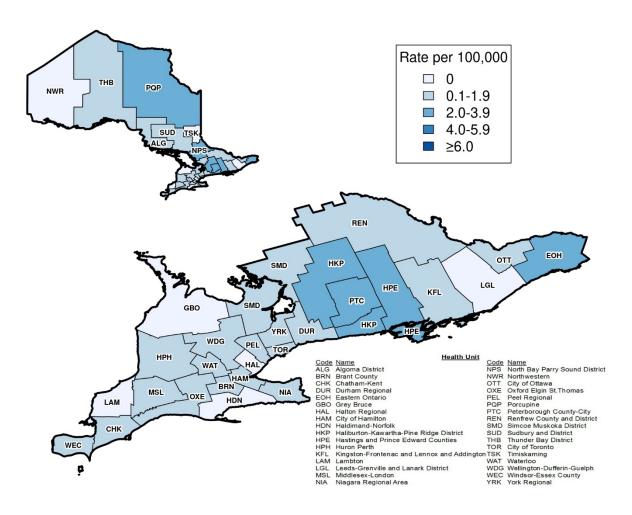
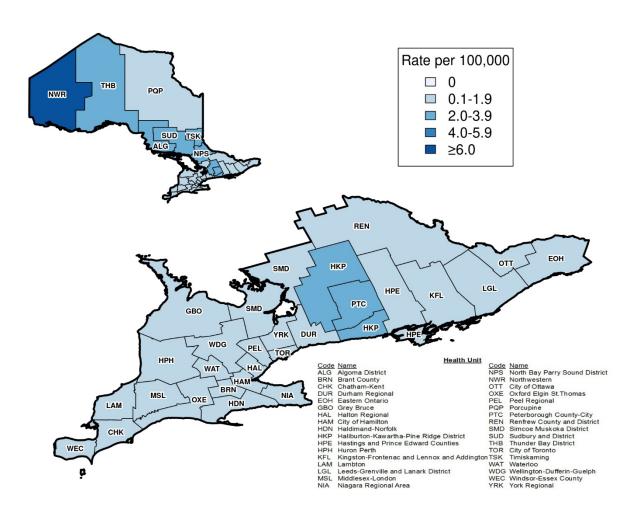


Figure 4: Average Monthly Rate of Confirmed Cases of iGAS Reported in the Current Season (October 1, 2024 - April 30, 2025) by Public Health Unit in Ontario



\*The average monthly rate was determined by dividing the cumulative rate of confirmed iGAS cases for each PHU by the number of months included in the reporting period (i.e., for data captured until April 30, 2025, the cumulative rate was divided by seven months to determine the monthly rate for each PHU).

## Severity

Table 2: Severe Outcomes for Confirmed iGAS Cases by Age Group and Season in Ontario: Current Season (October 1, 2024 – April 30, 2025) Compared to the 2023-24 Season (October 1, 2023– April 30, 2024)\*

Age Group (years)	Current season: Number (%) of cases hospitalized (October 1, 2024 – April 30, 2025)	Previous season: Number (%) of cases hospitalized (October 1, 2023– April 30, 2024)	Current season: Number (%) of cases with a fatal outcome (October 1, 2024 – April 30, 2025)	Previous season: Number (%) of cases with a fatal outcome (October 1, 2023– April 30, 2024)
< 1	7/9 (77.8%)	7/8 (87.5%)	0/9 (0.0%)	1/8 (12.5%)
1-4	22/29 (75.9%)	47/55 (85.5%)	1/29 (3.4%)	6/55 (10.9%)
5 - 9	20/25 (80.0%)	68/76 (89.5%)	1/25 (4.0%)	5/76 (6.6%)
10 - 13	15/15 (100.0%)	17/22 (77.3%)	1/15 (6.7%)	2/22 (9.1%)
14 - 17	6/8 (75.0%)	6/9 (66.7%)	2/8 (25.0%)	0/9 (0.0%)
18 - 64	450/591 (76.1%)	613/764 (80.2%)	58/591 (9.8%)	93/764 (12.2%)
≥65	299/364 (82.1%)	375/457 (82.1%)	54/364 (14.8%)	76/457 (16.6%)
Unknown	0/0 (0.0%)	0/2 (0.0%)	0/0 (0.0%)	0/2 (0.0%)
Total	819/1,041 (78.7%)	1,133/1,393 (81.3%)	117/1,041 (11.2%)	183/1,393 (13.1%)

<sup>\*</sup>For the previous season, only data for confirmed iGAS cases reported October 1, 2023 – April 30, 2024 is presented, for comparability to the current iGAS season.

Table 3: Number (%) of Most Commonly Reported *Emm* Types Among Confirmed iGAS Cases in Ontario by Age Group\*: Current Season (October 1, 2024 – April 30, 2025) Compared to the 2023-24 Season (October 1, 2023– April 30, 2024)\*\*

Most commonly reported <i>emm</i> type by rank  Current season: ≥ 18 years of age (October 1, 2024 - April 30, 2025)		Previous season: ≥ 18 years of age (October 1, 2023– April 30, 2024)	Current season: < 18 years of age (October 1, 2024 – April 30, 2025)	Previous season: < 18 years of age (October 1, 2023– April 30, 2024)	
emm1	67 (10.2%)	369 (37.1%)	20 (31.7%)	100 (72.5%)	
emm49	67 (10.2%)	45 (4.5%)	0 (0.0%)	1 (0.7%)	
emm3	62 (9.5%)	2 (0.2%)	20 (31.7%)	1 (0.7%)	
emm92	59 (9.0%)	40 (4.0%)	1 (1.6%)	0 (0.0%)	
emm41	52 (8.0%)	39 (3.9%)	1 (1.6%)	0 (0.0%)	
emm74	48 (7.3%)	62 (6.2%)	2 (3.2%)	0 (0.0%)	
emm59	43 (6.6%)	49 (4.9%)	3 (4.8%)	0 (0.0%)	
emm80	32 (4.9%)	51 (5.1%)	0 (0.0%)	0 (0.0%)	
emm28	28 (4.3%)	22 (2.2%)	1 (1.6%)	1 (0.7%)	
emm4	24 (3.7%)	20 (2.0%)	6 (9.5%)	7 (5.1%)	
emm82	24 (3.7%)	45 (4.5%)	0 (0.0%)	1 (0.7%)	
emm89	23 (3.5%)	12 (1.2%)	1 (1.6%)	2 (1.4%)	
Other	125 (19.1%)	238 (23.9%)	8 (12.7%)	25 (18.1%)	
Total with emm type	654 (68.5%)	994 (81.4%)	63 (73.3%)	138 (81.2%)	
Total without emm type	301 (31.5%)	227 (18.6%)	23 (26.7%)	32 (18.8%)	
Total	955 (100.0%)	1,221 (100.0%)	86 (100.0%)	170 (100.0%)	

<sup>\*</sup> Cases with an unknown age are excluded from this table.

<sup>\*\*</sup>For the previous season, only data for confirmed iGAS cases reported October 1, 2023 – April 30, 2024 is presented, for comparability to the current iGAS season.

#### **Technical Notes**

- The data for this report were based on information entered in iPHIS as of:
  - May 12, 2025 at 9 a.m. for cases reported October 1, 2023 onwards
  - November 12, 2024 at 9 a.m. for cases reported during the five pre-pandemic seasons (October 1, 2014 September 30, 2019) and the 2022-23 season (October 1, 2022 to September 30, 2023).
- iPHIS is a dynamic disease reporting system that allows ongoing updates to previously entered data. As a result, data extracted from iPHIS represent a snapshot at the time of extraction and may differ from previous or subsequent reports.
- These data only represent laboratory-confirmed cases of iGAS reported to public health and
  recorded in iPHIS. As a result, all case counts are subject to varying degrees of underreporting
  due to a variety of factors, such as disease awareness and medical care seeking behaviours that
  may depend on severity of illness, clinical practices, and changes in laboratory testing and
  reporting behaviours.
- Population estimates used to calculate rates for total cases were calculated using the Ontario 2024 and 2025 population projections<sup>3</sup>, sourced from the Ontario Ministry of Finance.
- Only iGAS cases meeting the confirmed case classification as listed in the Ontario Ministry of Health (MOH) surveillance case definitions are included in the reported case counts.<sup>1</sup>
  - Provincial surveillance case definitions available online under the Infectious Diseases Protocol are the most current.
  - Changes to provincial surveillance case definitions and disease classifications have occurred over the years and thus may impact the analysis of trends over time. Cases are classified in iPHIS based on the Ontario MOH surveillance case definitions in use at the time the case was identified.
  - PHO's technical report "Factors Affecting Reporting Diseases in Ontario: Case Definition Changes and Associated Trends 1991-2016" and its associated appendix provide more detailed information on this topic.<sup>4,5</sup>
- Cases are reported based on the Episode Date, which is an estimate of the onset date of disease for a case. In order to determine this date, the following hierarchy exists in iPHIS: Onset Date > Specimen Collection Date > Lab Test Date > Reported Date.
  - For example: If an Onset Date exists, it will be used as the Episode Date. If Onset Date is not available, then the next available date in the hierarchy (i.e., Specimen Collection Date) will be used, and so on.
- Hospitalized iGAS cases were determined based on a reported intervention type description of "Hospitalization" or "ICU" (Intensive Care Unit) and a reported intervention start date on or after the case's episode date.
- Fatal iGAS cases were determined based on a case outcome description of "Fatal" and the type of death not being reported as "Reportable disease was unrelated to cause of death."
- Cases for which the Diagnosing Heath Unit (DHU) was reported as Ontario Ministry of Health and Long-Term Care (MOHLTC) (to signify a case that is not a resident of Ontario) or MUSKOKA-PARRY SOUND (a public health unit that no longer exists) were excluded from this analysis.

#### References

- Ontario. Ministry of Health. Ontario public health standards: requirements for programs, services and accountability. Infectious disease protocol. Appendix 1: case definitions and disease-specific information. Disease: Group A Streptococcal Disease, invasive (iGAS). Effective: July 2022 [Internet]. Toronto, ON: King's Printer for Ontario; 2022 [cited 2024 Nov 11]. Available from: https://files.ontario.ca/moh-ophs-group-a-streptococcal-disease-invasive-en-2022.pdf
- Ontario Agency for Health Protection and Promotion (Public Health Ontario). Invasive Group A Streptococcal (iGAS) Disease in Ontario: 2023-24 Seasonal Summary. Toronto, ON: King's Printer for Ontario; 2025 [cited 2025 May 12]. Available from: <a href="https://www.publichealthontario.ca/-/media/Documents/I/25/igas-enhanced-epi-season-summary-2022-23.pdf?rev=dcfe7f49445f487d92903ff6e00faeef&sc\_lang=en&hash=4374BC6ADC21A89F3C7D60D08EB4FF6A</a>
- 3. Population Reporting. Population projections public health unit, 2023-2046 [data file]. Toronto, ON: Ontario. Ministry of Finance [producer]; Toronto, ON: Ontario. Ministry of Health, IntelliHealth Ontario [distributor]; [data extracted 2024 Jun 10].
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## Appendix A

Table A1: Confirmed iGAS Case Counts by Month Across All Ages: Current Season (October 1, 2024 – April 30, 2025)\* Compared to the 2022-23, 2023-24 Seasons and the Five Pre-Pandemic Seasons

Month	2014 – 2015	2015 – 2016	2016 – 2017	2017 – 2018	2018 – 2019	2022- 2023	2023 – 2024	2024 – 2025
October	31	29	55	81	70	76	168	117
November	42	41	63	63	99	102	157	136
December	72	47	95	92	96	129	257	146
January	78	76	96	138	97	124	267	182
February	42	75	87	121	80	128	192	169
March	62	69	102	96	114	158	189	161
April	55	53	82	126	89	193	163	130
May	63	52	76	106	99	208	144	-
June	49	40	68	83	75	179	113	-
July	41	45	72	73	79	180	110	-
August	39	44	61	74	85	128	111	-
September	35	50	55	61	81	118	102	-
Total	609	621	912	1,114	1,064	1,723	1,973	1,041

<sup>\*</sup>Data for the most recent reporting month should be interpreted with caution due to reporting and/or data entry lags.

#### Citation

Ontario Agency for Health Protection and Promotion (Public Health Ontario). Invasive Group A Streptococcal (iGAS) Disease in Ontario: October 1, 2024 to April 30, 2025. Toronto, ON: King's Printer for Ontario; 2025.

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