

Before You Begin

- Patient should avoid eating, drinking, smoking or vaping for 30 minutes before the specimen collection.
- Wash hands and wear appropriate PPE (gown, gloves, mask, face shield) if collecting someone else.
- Label the test tube with the **patient's full name**, **date of collection**, **and a unique identifier** (e.g., date of birth or Health Card Number).
- **Complete all fields** on the appropriate Test Requisition.

Storage of Unused Kits

- Unused kits should be stored at 2 to 25°C until used.
- Improper storage will result in a loss of efficacy.
- Kits should only be stored up until their expiry date.

To access detailed guidelines, scan the QR code.

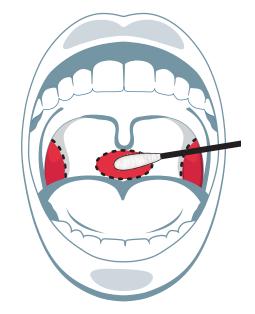


For PHO Laboratory Use Only PHO Kit Number: 390081 Prep. Date: Expiry Date: Lot number:

Collection Instructions Throat Swab Kit #390081

Collection Instructions

- 1. Unwrap the swab by holding the distant end of the shaft.
- 2. Collect the specimen as illustrated:
 - Insert swab in posterior pharynx and tonsillar areas.
 - Rub swab over posterior pharynx and bilateral tonsillar pillars; **avoid tongue, teeth, and gums.**
 - Immediately place the swab (soft tip first) into the test tube containing transport medium.
- 3. Break the swab shaft at the breakpoint line—do not bend it.
- 4. Seal the test tube cap tightly to avoid leakage.
- 5. Place the specimen in the biohazard bag.
- 6. Put the **completed requisition** in the outer pocket of the biohazard bag.
- 7. Wash hands and confirm lab processing instructions.
 - **Collected at home:** keep at room temperature and drop off within 2 hours.
 - **Collected by a health care professional:** The specimen should be stored and transported at 2 to 8°C. If transport will be delayed, specimen should be frozen at -70°C or below and shipped on dry ice.



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