Coronavirus Disease 2019 (COVID-19)

Droplet and Contact Precautions Acute Care Facilities

This document was adapted from Public Health Ontario’s Routine Practices Additional Precautions for management of COVID-19 for health care workers. For more information, please contact the Infection Prevention and Control department at Public Health Ontario at ipac@oahpp.ca.

Hand Hygiene
- Before and after each patient contact.
- Before performing aseptic procedures.
- Before preparing, handling, serving or eating food.
- After care involving body fluids and before moving to another activity.
- Before putting on and after taking off gloves and other PPE.
- Before and after personal body functions (e.g., blowing one’s nose).
- Whenever hands come into contact with secretions, excretions, blood and body fluids.
- After contact with items in the patient’s environment.
- Whenever there is doubt about the necessity for doing so.

Patient Placement
- Single room with own toileting facilities.
- Whenever possible, for aerosol-generating medical procedures (AGMPs), perform the procedure in an Airborne Infection Isolation Room (AIIR) with the door closed.
- If an AIIR is not available a single room, with the door closed, may be used to perform an AGMP.

Environment and Equipment
- Dedicate routine equipment to the patient (e.g., stethoscope, thermometer).
- Clean and disinfect all equipment that comes out of the room.
- All high-touch surfaces in the patient's room must be cleaned daily.
Personal Protective Equipment (PPE)

- Wear a fit-tested, seal-checked N95 respirator, gown, gloves, and eye protection (face shield, goggles and some safety glasses) when providing direct care. Other appropriate PPE includes a well-fitted medical mask based on a point-of-care risk assessment.

- **For AGMPs**, wear a fit-tested, seal-checked N95 respirator.

- **Wearing gloves is NOT a substitute for hand hygiene**

Upon leaving the room or patient environment:

- Remove gloves and gown and perform hand hygiene.
- Remove eye protection and N95 respirator or medical mask and perform hand hygiene.

For more information see Public Health Ontario’s [Recommended Steps for Putting on and Taking off PPE](https://www.publichealthontario.ca/en/stopthespread/Pages/Documents/Personal-Protective-Equipment-Steps-for-Wearing-and-Taking-off-PPE.aspx).

Patient Transport

- Avoid any unnecessary transport of patient outside of room.
- Patient to wear a medical mask during transport, if tolerated.
- Transport staff should wear a fit-tested, seal-checked N95 respirator (well-fitted medical mask as an alternative) and eye protection within 2 metres of the patient.
- Transport staff should consult with the facility IPAC designate for additional instructions.
- Clean and disinfect equipment used for transportation after use.

Visitors

- Visitors must perform hand hygiene before entry and upon leaving the room.
- Visitors to wear a mask, eye protection, gown and gloves when entering the room of a patient with COVID-19.
- Visitors to remove protective apparel and clean their hands upon leaving the room.

The information in this document is current as of October 2022

© King’s Printer for Ontario, 2022