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<https://youtu.be/XhcQFPaxuUs>

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HEALTH EQUITY: AWARENESS, ADVOCACY AND ACTION IN FAMILY HOME VISITING



Note. From Microsoft Office Stock Images, 2023.

Dr. Malinda Forsythe Carmouche DNP, RN

LEARNING OUTCOMES

Following completion of this session, participants will be able to:

1. Describe the concepts of health equity and health inequity and its relevance to health outcomes in the context of home visitation.
2. Recognize disparities faced by Indigenous and Black persons as they relate to access to culturally appropriate care within community-based settings including home visiting.
3. Identify reflective practice strategies to support supervisors as they engage in critical conversation with public health nurses or other community providers who advocate for women, birthing persons, children, and their families in the home visiting setting.

SETTING OUR INTENTION

Authenticity

In this space, we don't want to check our biases at the door. Instead, we want to invite them to the table. We can't address what we don't acknowledge.

Acceptance

This space is officially declared a nonjudgmental zone. Because our lived experiences are different, we won't always agree with perspectives but we can respect perspectives.



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MELTING POT OR MIXED SALAD

- MELTING POT (ASSIMILATION)



Note. From Microsoft Office Stock Images, 2023

- VARIED INGREDIENTS BLENDED TO BECOME THE DOMINANT FLAVOR

- MIXED SALAD (APPRECIATION)



Note. From Microsoft Office Stock Images, 2023

- VARIED INGREDIENTS MAINTAIN THEIR UNIQUITIES , ENHANCED FLAVOR

SELF-ASSESSMENT

Project Implicit

<https://implicit.harvard.edu/implicit/takeatest.html>

Black Lives Matter

<https://www.idrlabs.com/black-lives-matter/test.php>

White Fragility

<https://www.beacon.org/assets/clientpages/whitefragilityquiz.aspx>

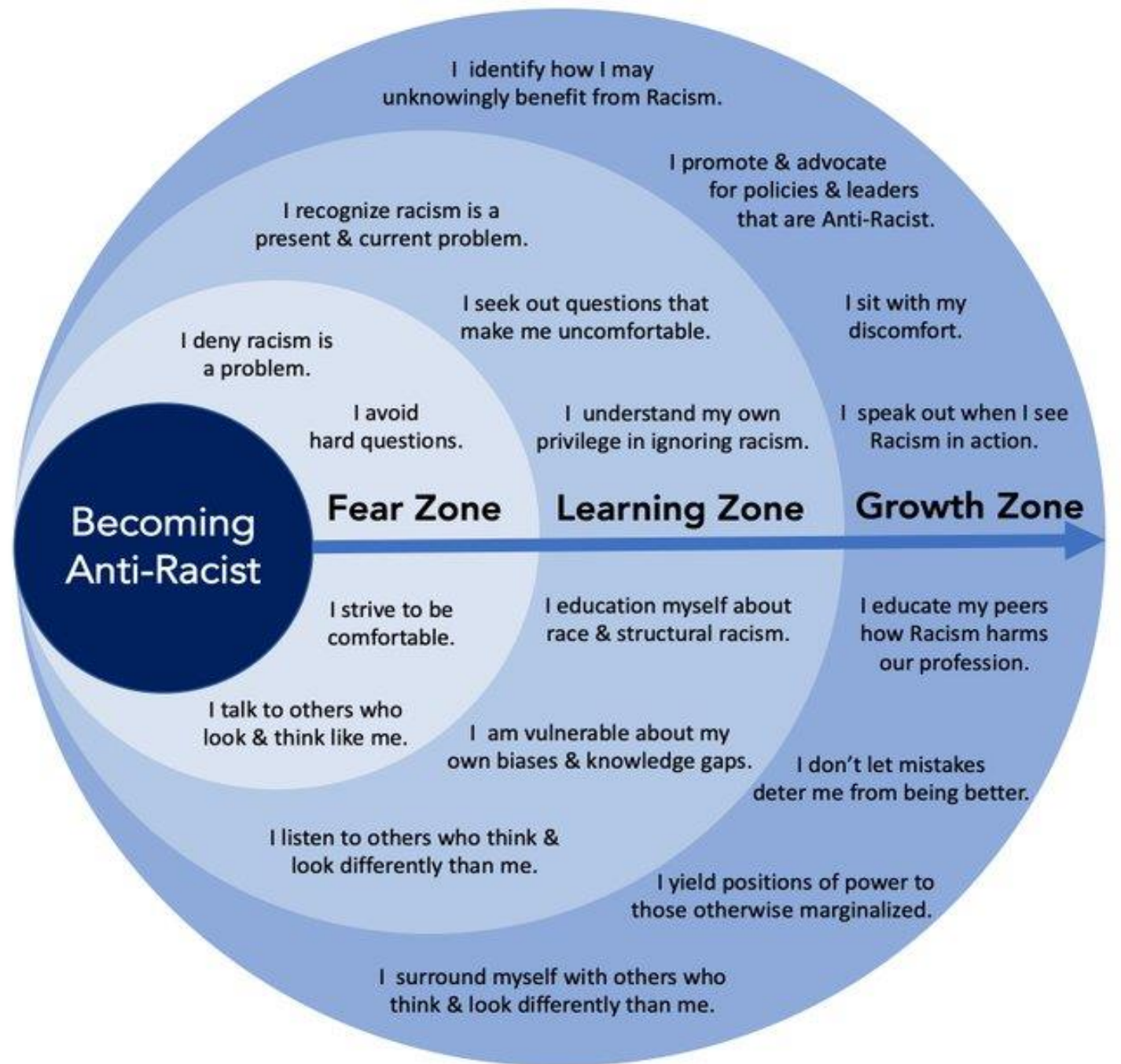


<https://www.vecteezy.com/vector-art/326967-illustration-of-diverse-people>

ALLYSHIP

“The beauty of anti-racism is that you don’t have to pretend to be free of racism to be anti-racist. Anti-racism is the commitment to fight racism wherever you find it, including in yourself.”

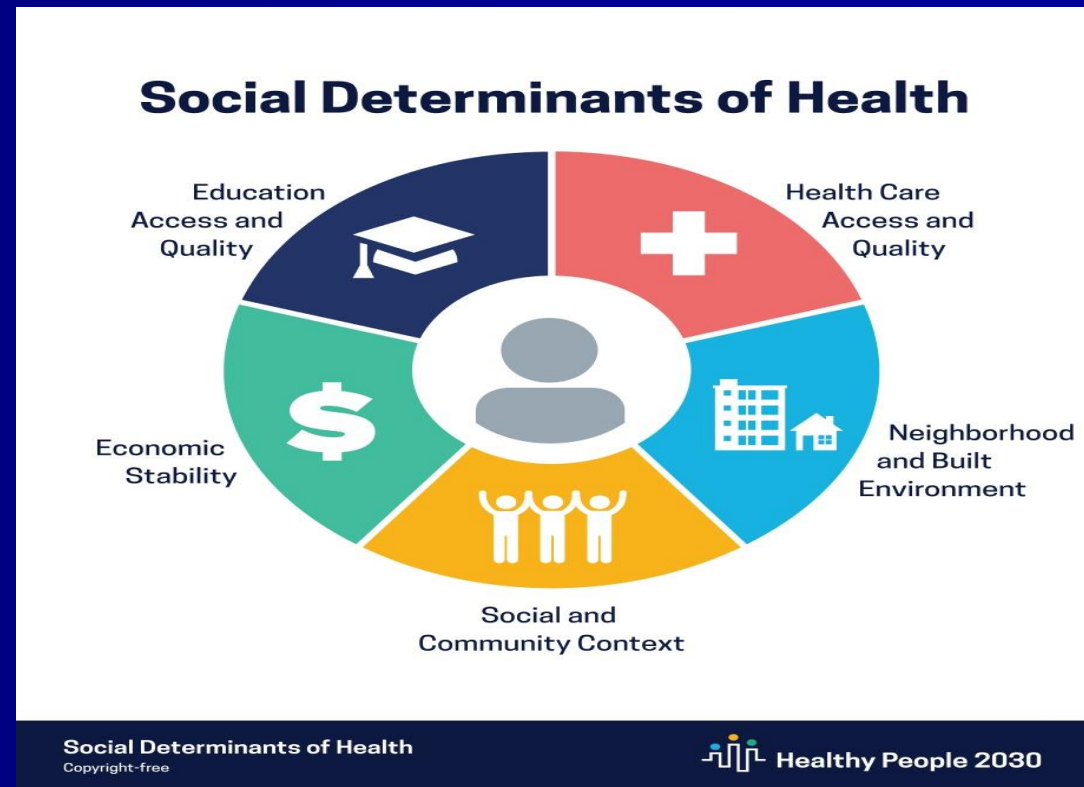
~ Ijoema Oluo



HEALTH EQUITY AND HEALTH INEQUITY

Reflective Considerations

- How are the social determinants of health linked to healthcare engagements?
- What is an example of health equity?
- What is an example of health inequity?



AWARENESS AND ADVOCACY

INDIGENOUS CANADIANS

- Generalizations
- Stereotypes
- Health Disparities

BLACK AND/OR AFRO-CANADIANS

- Generalizations
- Stereotypes
- Health Disparities

CASE 1: PATIENT - PROVIDER

- SITUATION
- BACKGROUND
- ASSESSMENT
- RECOMMENDATIONS – PRACTICE STRATEGIES

CASE 2: PROVIDER - PROVIDER

- SITUATION
- BACKGROUND
- ASSESSMENT
- RECOMMENDATIONS – PRACTICE STRATEGIES

CASE 3: PROVIDER - ADVOCATE

- SITUATION
- BACKGROUND
- ASSESSMENT
- RECOMMENDATIONS – PRACTICE STRATEGIES

THANK YOU!



"One can choose to go back toward safety or forward toward growth. Growth must be chosen again and again; fear must be overcome again and again."

~ Abraham Maslow."