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Health Promotion: Celebrating our Roots and Looking to the Future

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Jessica Lefebvre, Health Promotion Specialist, Eastern Ontario Health Unit

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Susan Stewart, Director of the Community Health and Well-Being, Kingston, Frontenac and Lennox & Addington Public Health.

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Health Promotion Essentials

This course aims to provide a common understanding of health promotion, an overview of theories and concepts, and examples of how it is practiced today.



Today's Discussion

- We're here to celebrate health promotion: discuss its evolution, the challenges we face and opportunities for the future
- By the end of this session, you'll be able to:
 - Summarize how health promotion contributes to public health and the broader health sector
 - Describe how health promotion is uniquely positioned to meet the challenges of the future
 - Explore the application of the new Health Promotion Essentials course following its release

Today's Panelists



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