BACKGROUND
In 2005, the Ontario Ministry of Education introduced the Daily Physical Activity (DPA) policy for elementary schools, as part of Ontario’s Healthy Schools Strategy to support the physical activity needs of young people. The DPA policy requires school boards to "ensure that all elementary students, including students with special needs, have a minimum of 60 minutes of physical activity each school day during instructional time." 

WHO RESPONDED?
307 teachers responded on behalf of their classrooms. This means that 60% of the 508 classrooms sampled had responses from teachers. From the grade 3, 5 and 7 classrooms sampled, the percentage of respondents per grade was 36%, 35% and 26%, respectively.

MAJOR FINDINGS:
Meeting DPA policy requirements

FACTORS INFLUENCING IMPLEMENTATION:
Key classroom-level factors associated with DPA implementation

Barriers to implementing classroom-level DPA

DPA Study 3 webpage: https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-016-3423-0

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For more information about this study, please visit www.publichealthontario.ca/dpa or email hpcdip@oahpp.ca.