Steps to Put on a Gown

When use of a gown is indicated, the gown should be put on immediately before the task and must be worn properly.

1 Unfold the gown. Hold the gown so that the opening faces you. One arm at a time, put on the gown such that the opening goes to the back.

2 Pull the gown up over the shoulders. Tie the neck and waist strings so that the gown overlaps.

3 If the gown is too small to fully cover your torso, use two gowns. Put on the first gown with the opening in front, and the second gown over the first with the opening in the back.