**Combined Oral (Buccal) + Deep Nasal Specimen**

1. Insert swab between the cheek and lower gums. Turn swab three times (3x)
2. Repeat step 1 on the other side
3. Tilt head back
4. Insert swab about 2.5 cm (~1 in)* straight back (not up) into nostril – stop when you meet resistance
5. Rotate swab several times against the nasal wall
6. Leave swab in place for several seconds to absorb secretions
7. Using the same swab, repeat for the other nostril
8. Immediately place in sterile tube containing transport medium

*Swab insertion distance will differ for paediatric patients.

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**Virus Respiratory (Deep Nasal) Kit Order #: 390082**

**Instructions:**

1. Open the pouched seal pack and remove the specimen container from the package.
2. Label the specimen container with the patient’s full name, date of collection and one other unique identifier such as the patient’s date of birth or Health Card Number. Failure to provide this information may result in rejection or testing delay.
3. Complete all fields of the [COVID-19 test requisition]*: include, the patient’s full name, date of birth, Health Card Number (must match the specimen label), source of specimen, date of onset, date of collection, physician name and address, and clinical diagnosis.
4. Aseptically remove the swab from the package.
5. Collect the specimen following the procedure illustrated on the reverse.
6. Break swab shaft evenly at the scored line and replace cap to vial, closing tightly. If there is no score line, refer to the cutting instructions in the [Swab Cutting Guide] provided with the disposable scissors so that the swab is at least 1-2 cm below the upper lip of the transport media tube.
7. Place specimen in the biohazard bag with the fully completed test requisition placed in the attached pouch, so it is not exposed to the specimen.
8. To maintain optimum viability, the specimen should be stored and transported at 2-8°C. If transport to the laboratory will be delayed, specimen should be frozen at -70°C or below and shipped on dry ice.

* For Non-COVID-19 Testing; use the PHO Laboratory General Test Requisition found at: [https://www.publichealthontario.ca/en/laboratory-services/test-requisitions](https://www.publichealthontario.ca/en/laboratory-services/test-requisitions)

**To order kits or for more information:** [https://ehealthontario.on.ca/en/health-care-professionals/digital-health-services](https://ehealthontario.on.ca/en/health-care-professionals/digital-health-services)