Project Update – August 2016

- Project overview (review)
- Where we are to date
- What’s next
Research Question

• Within the context of public health practice, how can we measure food literacy and its attributes?
  o We will continue focus on specific high-risk groups
    • youth (16 to 19 years of age)
    • young parents (16 to 25 years of age)
    • pregnant women (16 to 25 years of age)
Overall Project Objectives

• **Year 1 Funding:**
  o Identify and summarize the attributes of food literacy, including food skills, in the literature.
  o Determine which attributes of food literacy, including food skills, are priorities for measurement and tool development.

• **Year 2 and 3 Funding (TBC):**
  o Develop key indicators that measure food literacy, including food skills attributes.
  o Develop a tool with questions reflecting these indicators.
  o Test the tool with the identified target populations, considering various facets of validity (e.g., attribute, face, and content) as well as reliability, sensitivity to change, and feasibility.
Where we are to date

Phase 1: Scoping Literature Review- Complete
  - A scoping review of the food literacy literature (peer reviewed and grey) was completed.
  - A list of food literacy attributes was developed based on the findings of the review.
  - Final report being finalized.
Where we are to date

Phase 2: Delphi process has begun

- Delphi is a qualitative research process that includes 3-4 rounds of questions that solicit opinions from stakeholders in order to obtain consensus.
- Recruitment from June to the end of July, 2016
  - Public health professionals, researchers and community partners have been approached from across the province and beyond
  - Currently there is a cohort of about 80 participants
- Delphi questionnaire will be developed and piloted in August, 2016.
- First round of Delphi will take place in September, 2016.
### Key Activities in 2016

#### January – May 2016
- Confirmation of funding received
- Research Consultants hired (Scoping/Delphi)
- Scoping review and knowledge exchange work began
- Delphi Stakeholder Analysis completed

#### June 2016
- Knowledge Exchange webinar (June 23, 2016)
- Relevant literature selected and screened
- Scoping review data extraction started
- Delphi recruitment started

#### July-August 2016
- Confirm Delphi study participants
- Develop and pilot Delphi questionnaire
- Data analysis plan for Delphi completed
- Begin planning for years 2 and 3 funding

#### September-December 2016
- Delphi Round 1 begins September 12, 2016
- Delphi Round 2 begins October 17, 2016
- Delphi Round 3 begins November 21, 2016
The Cast and Crew

Lead/co-lead:
- Elsie Azevedo Perry, Halliburton Kawartha and Pine Ridge District Health Unit
- Heather Thomas, Middlesex London Health Unit

Core project team:
- Jessica Hambleton (mat. leave)/ Ella Manowiec, Toronto Public Health
- Jessica Love, North Bay Parry Sound District Health Unit
- Julie Slack, Northwestern Health Unit
- Lyndsay Davidson, Chatham-Kent Public Health Unit
- Rebecca Davids (on sabbatical)/ Lucy Valleau, York Region Public Health
- Ruby Samra, City of Hamilton Public Health Services
- Shannon Ouellette, Perth District Health Unit
Cast and Crew (cont’d)

Knowledge users:
- Grey Bruce Health Unit
- Hastings and Prince Edward County Health Unit
- Nutrition Resource Centre
- Ottawa Public Health
- Oxford Public Health
- Peterborough County Health Unit
- Thunder Bay District Health Unit
- Toronto Public Health
- Windsor Essex County Health Unit

Academic Advisor:
- Sharon Kirkpatrick, University of Waterloo

Librarian:
- Amy Faulkner, Simcoe Muskoka District Health Unit

Research Consultants:
- Lisa Petermann and Elizabeth Manafo, EXEP Consulting
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• The views expressed in this project update are those of the project team, and do not necessarily reflect those of PHO.
For More Information

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Read about the first LDCP on food literacy at
https://www.osnpph.on.ca/food-literacy