

# LDCP Food Literacy

Project Update Aug 2016

# Project Update – August 2016



- Project overview (review)
- Where we are to date
- What's next

# Research Question



- Within the context of public health practice, how can we measure food literacy and its attributes?
  - We will continue focus on specific high-risk groups
    - youth (16 to 19 years of age)
    - young parents (16 to 25 years of age)
    - pregnant women (16 to 25 years of age)

# Overall Project Objectives

- **Year 1 Funding:**
  - Identify and summarize the attributes of food literacy, including food skills, in the literature.
  - Determine which attributes of food literacy, including food skills, are priorities for measurement and tool development.
- **Year 2 and 3 Funding (TBC):**
  - Develop key indicators that measure food literacy, including food skills attributes.
  - Develop a tool with questions reflecting these indicators.
  - Test the tool with the identified target populations, considering various facets of validity (e.g., attribute, face, and content) as well as reliability, sensitivity to change, and feasibility.

# Where we are to date

## Phase 1: Scoping Literature Review- Complete

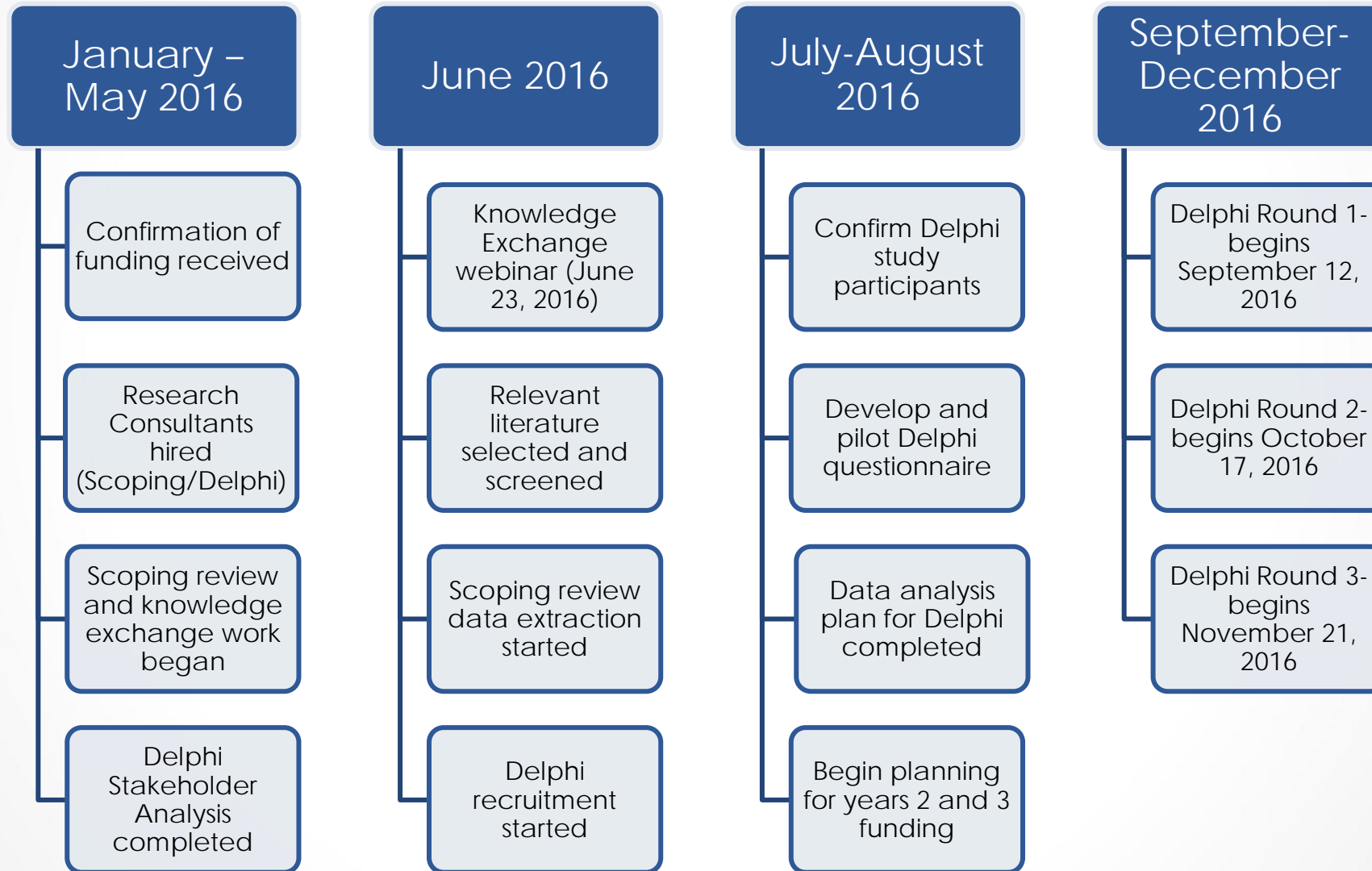
- A scoping review of the food literacy literature (peer reviewed and grey) was completed.
- A list of food literacy attributes was developed based on the findings of the review.
- Final report being finalized.

# Where we are to date

## Phase 2: Delphi process has begun

- Delphi is a qualitative research process that includes 3-4 rounds of questions that solicit opinions from stakeholders in order to obtain consensus.
- Recruitment from June to the end of July, 2016
  - Public health professionals, researchers and community partners have been approached from across the province and beyond
  - Currently there is a cohort of about 80 participants
- Delphi questionnaire will be developed and piloted in August, 2016.
- First round of Delphi will take place in September, 2016.

# Key Activities in 2016



# The Cast and Crew

## Lead/co-lead:

- Elsie Azevedo Perry, Halliburton Kawartha and Pine Ridge District Health Unit
- Heather Thomas, Middlesex London Health Unit

## Core project team:

- Jessica Hambleton (mat. leave)/ Ella Manowiec, Toronto Public Health
- Jessica Love, North Bay Parry Sound District Health Unit
- Julie Slack, Northwestern Health Unit
- Lyndsay Davidson, Chatham-Kent Public Health Unit
- Rebecca Davids (on sabbatical)/Lucy Valleau, York Region Public Health
- Ruby Samra, City of Hamilton Public Health Services
- Shannon Ouellette, Perth District Health Unit



# Cast and Crew (cont'd)

## Knowledge users:

- Grey Bruce Health Unit
- Hastings and Prince Edward County Health Unit
- Nutrition Resource Centre
- Ottawa Public Health
- Oxford Public Health
- Peterborough County Health Unit
- Thunder Bay District Health Unit
- Toronto Public Health
- Windsor Essex County Health Unit

## Academic Advisor:

- Sharon Kirkpatrick, University of Waterloo

## Librarian:

- Amy Faulkner, Simcoe Muskoka District Health Unit

## Research Consultants:

- Lisa Petermann and Elizabeth Manafo, EXEP Consulting

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- The team gratefully acknowledges funding received from PHO through the Locally Driven Collaborative Projects (LDCCP) program.
- The team would also like to acknowledge our respective health units for allowing dedicated time to team members for this project.
- The views expressed in this project update are those of the project team, and do not necessarily reflect those of PHO.



# For More Information

**Elsie Azevedo Perry, RD**

Haliburton, Kawartha, Pine Ridge District Health Unit

200 Rose Glen Road

Port Hope, ON L1A 3V6

Phone: (905) 885-9100 or 1-866-888-4577

[eazevedoperry@hkpr.on.ca](mailto:eazevedoperry@hkpr.on.ca)

Read about the first LDCP on food literacy at

<https://www.osnpph.on.ca/food-literacy>