Personal Protective Equipment (PPE) for Day Camp Operators and Staff

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Notice

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Objectives

After completing this module you will be able to describe how to put on and take off Personal Protective Equipment (PPE) including:

• Masks
• Eye protection
• Gloves
• Gowns
Appropriate Use of Masks
Masks for Two Purposes

Source control

As a part of PPE

How to Put a Mask On

1. Perform hand hygiene - wash your hands or use hand sanitizer.
2. Pick up mask using ear loops.
3. Expand the mask.
4. Place mask on your face by securing loops around your ears.
5. Adjust mask to cover your chin and pinch metal nose piece (if available) to give a secure fit.

Wearing a Mask Correctly

A well-fitting mask:

- Fits over nose, mouth and chin with no gaping
- Is comfortable so no need to adjust
How NOT to Wear a Mask

- Around your neck
- On your forehead
- Under your nose
- Only on your nose
- On your chin
- Dangling from one ear
- On your arm

How to Remove a Mask

1. Perform hand hygiene – wash your hands or use hand sanitizer.
2. Remove the mask using the ear loops only.
3. Place the mask on a clean surface(storage container with the inner mask facing upwards to avoid contamination.
4. Perform hand hygiene – wash your hands or use hand sanitizer.

For re-applying the mask:

1. Perform hand hygiene – wash your hands or use hand sanitizer.
2. Pick up the mask from the clean surface(storage container using the ear loops.
3. Adjust the mask to your face as indicated in the above steps.
4. Perform hand hygiene (hand washing or sanitizer) after you’re done.

Points to Remember

• Store mask(s) appropriately in a clean/dry bag or cleanable container
  • Fold non-medical mask inward
  • Medical mask store with inner side of mask facing upwards
• Change mask when damp, dirty or damaged
• Have a dedicated location to store your mask(s) when not in use
• Medical masks used when assisting an ill person should be removed, discarded and a new one put on
Eye Protection
When to Wear Medical Mask and Eye Protection

**Medical Mask**
- Indoors (unless eating) at all times regardless of the ability to maintain physical distance of 2 m (6 feet) of others.
- Outdoors when physical distancing of 2 m (6 feet) cannot be maintained
- When staff conducting screening are separated from those being screened by a physical distance of 2 m (6 feet) and/or use of a physical barrier (e.g., Plexiglas)

**Medical Mask and Eye Protection**
- Providing care to a sick camper or staff
- When unable to consistently remain at least 2 m (6 feet) from campers indoors
- Interacting with an individual who is unmasked or mask use is inconsistent
- When staff conducting screening are **not** separated from those being screened by a physical distance of 2 m (6 feet) or by a physical barrier (e.g., Plexiglas)

*Eye protection e.g., goggles or face shield*
How to Put On Mask and Eye Protection

1. Clean hands
2. Place loops of the mask over each ear
3. Bend the nose bar over the bridge of the nose so that the mask fits snugly over the nose and mouth
4. Put on eye protection and adjust to fit. Be sure the eye protection fits over your brow
5. Clean hands

How to Take Off Mask And Eye Protection

1. Clean hands
2. Remove eye protection away from face
3. Remove the mask by ear loops away from face and dispose if not reusing
4. Dispose eye protection as directed if disposable or clean and disinfect if reusable
5. Clean hands
Cleaning and Disinfection of Reusable Eye Protection

1. Clean hands and put on a pair of gloves.
2. Wipe the inside of the eye protection first and then the outside.
3. Ensure all surfaces remain wet for the disinfectant contact time (e.g., 1-3 minutes).
4. Rinse with tap water and allow to dry.*
5. Remove gloves and perform hand hygiene.
6. Store the eye protection in a clean, designated area.

- Single use eye protection such as disposable face shields must be safely discarded after one use.
- Always clean and disinfect reusable eye protection according to manufacturer/product instructions when removed (e.g., when eating).
- If the equipment is damaged or the foam piece of the face shield/goggle straps are visibly soiled, DO NOT REUSE.

Gloves and Gowns
When to Wear Gloves and Gowns

• Gloves and gowns are not routinely used or needed in camp settings
  • Gloves are **not** needed if touching frequently touched surfaces
    (e.g., door handles, light switches)

• Gloves and gowns should only be used in specific situations for specific tasks:
  • A gown to protect clothing from contamination when helping ill camper or staff
  • Gloves to protect the hands from contact with body fluids and contaminated
    environmental surfaces when camper or staff is ill; and for cleaning purposes
    as per manufacturer’s instructions


Gloves and Gowns: Points To Remember

• Clean your hands before putting on and after removing gloves.
• Gloves are to be single use and discarded after use.
• Do not apply alcohol based hand sanitizer to the outside of gloves.
• Do not use two pairs of gloves at the same time.

Putting On and Taking Off PPE

1. PERFORM HAND HYGIENE
2. PUT ON GOWN
3. PUT ON MASK OR N95 RESPIRATOR
4. PUT ON EYE PROTECTION
5. PUT ON GLOVES
6. PERFORM HAND HYGIENE

1. REMOVE GLOVES
2. REMOVE GOWN
3. PERFORM HAND HYGIENE
4. REMOVE EYE PROTECTION
5. REMOVE MASK OR N95 RESPIRATOR
6. PERFORM HAND HYGIENE

For More Information...

Public Health Ontario Resources

- Cleaning and Disinfection of Reusable Eye Protection

Provincial COVID-19 Guidance

For More Information About This Presentation, Contact:

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