Scenarios for Day Camp Operators and Staff

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Objectives

After completing this module you will be able to:

1. Apply measures to reduce risk of COVID-19 to daily camp activities and interactions among camp participants and staff
Choose a Scenario Topic

1. Camper drop-off
2. Running Activities
3. Meals and breaks
4. Ill Camper
Camper Drop-off Scenario

Welcome to “Camp IPAC”. You are excited to welcome your campers. What will you do to make their drop-off as safe as possible for you, the campers and their parents/guardians?

1. Operator/Director

2. Other Camp Staff (e.g., Counsellor)
## Camp Operator/Director: Considerations for Planning Safe Drop-Off

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<th>Alternate Option</th>
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<td>Back up plan for inclement weather</td>
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<td>Stagger drop off times based on cohort</td>
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<td>Designate separate entrances/exports for each cohort</td>
<td>Entrances and exits used by one cohort at a time</td>
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<td>Only campers, staff and essential visitors allowed in camp facilities</td>
<td>If parent/guardian needs to enter setting, remind them to follow protective measures</td>
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Camp Operator/Director: Planning Safe Drop-Off

• Develop daily screening process for campers, staff and essential visitors
• Actively screen staff at the start of their shift before they enter the camp
• Create a recording form to capture names of campers, staff and essential visitors that attend/visit the camp
• Ensure staff assigned to screening are trained on how to conduct screening
• Ensure staff assigned to screening are able to maintain a physical distance of at least 2m (6 feet) from the person they are screening and/or provide a physical barrier
Camp Operator/Director: Planning Safe Drop-Off – continued

• Make medical mask and eye protection available to staff
  • Develop PPE training for staff and ensure training has been completed

• Provide supply of appropriately sized masks for campers and adults at each screening station
  • All adults to wear a mask if challenging to keep a distance of at least 2 m (6 feet) while outside

• Provide alcohol based hand sanitizer (at least 60% alcohol content) at each screening station

• Set-up visual cues for physical distancing
Staff Assigned to Conduct Screening: 
Reducing Risk During Drop-off

- Clean hands with alcohol-based hand sanitizer upon getting to screening station
- Follow camp’s screening process to screen for symptoms and exposures to COVID-19 prior to entering camp
- Maintain a physical distance of at least 2m (6 feet) from the person you are screening and/or use a physical barrier
- If separation by physical distancing or barriers is not possible at all times, wear a medical mask and eye protection
- Ask person being screened to clean hands with alcohol-based hand sanitizer
- Remind camper and essential visitor to wear a mask and maintain physical distance from others
- Provide clear direction to campers about where they should go following screening
Running Activities Scenario

On the schedule for your campers today is arts and crafts followed by soccer time. What will you do to ensure you and the campers are safe?

1. **Operator/Director**

2. **Other Camp Staff (e.g., Counsellor)**
# Planning Ahead for Arts and Crafts

## Preferred Option

- **Weather permitted, conduct arts and craft outdoors**
- **Schedule and stagger or alternate activity so only one cohort is using space at a time**

## Alternate Option

- **Indoor space with windows open to increase outdoor air and doors kept open to reduce ‘touch points’ after hand hygiene is performed**
- **In a shared space, separate each cohort at least 2 m (6 feet) apart at all times**
Camp Operator/Director:
Setting Up the Space for Arts and Crafts

• Set-up arts and craft stations for each cohort spaced 2m (6 feet) apart
• Each station should include all the materials needed for the activity and are not shared between stations/cohort
• If arts and craft materials (e.g., scissors, markers) must be shared
  • Items are used by only one cohort at a time
  • Campers perform hand hygiene before and after using shared items
  • Items are cleaned and disinfected after use by each cohort
  • Avoid items/equipment that cannot be adequately cleaned and disinfected (e.g., stuffed animals, Play-Doh, colouring books)
Camp Operator/Director:
Other Considerations

• Limit the number of tables and chairs and remove unnecessary furniture
• Use floor markers and visual cues/reminders to indicate
  • Where furniture (e.g., tables, chairs) and arts and craft stations for each cohort are to remain
  • Where staff and campers should sit or stand during the activity
• Provide alcohol based hand sanitizer so that staff and campers can clean hands before and after activity
• Clean and disinfect the space after use
Camp Operator/Director: Reducing Risk: Soccer Time

• When moving from arts and crafts, use visual cues to support one way flow of traffic to soccer
• Use outdoor space for soccer and avoid engaging in moderate to vigorous physical activity indoors
• Rather than a soccer match, encourage activities that limit prolonged physical contact such as individual drills training
• Soccer balls should be used by one cohort at a time. Clean and disinfect after use by each cohort
• Provide hand sanitizer to campers to use before and after playing soccer
Reducing Risk for Other Camp Staff: Arts and Craft

• Remind campers to continue wearing a well-fitted mask if activity is indoors or if outdoors but a physical distance of at least 2 m (6 feet) cannot be maintained
• Assist and supervise campers in cleaning hands before and after the activity
• Remind campers to maintain physical distancing and to stay with their cohort
  • Each arts and craft station should include all the materials needed for the activity and are not shared between cohorts
• Clean and disinfect space and shared items after use
Reducing Risk for Other Camp Staff: Soccer Time

• Support campers in moving from arts and craft to soccer to support one way flow of traffic

• Assist and supervise campers to conduct hand hygiene before playing soccer

• If a physical distance of 2 m (6 feet) is able to be maintained during soccer (e.g., individual soccer drills set up)
  • Assist and supervise campers to ensure masks are removed and stored appropriately
  • If you are able to maintain physical distancing remove mask and store appropriately
  • Ensure masks are put back on following activity

• Clean and disinfect balls following activity

• Assist and supervise campers to conduct hand hygiene after playing soccer
Camp Operator/Director:
Before Lunch Time: Plan Ahead

- As much as possible, plan for nutrition and hydration breaks to be outside
- Schedule and stagger or alternate nutrition and hydration breaks throughout the day to reduce the number of individuals in a space and to ensure physical distancing is maintained while individuals are unmasked

If you are providing food/drink:
- Place all items in a grab-and-go format or individually packaged.
- If individually packaged items are not possible, all food/drink is served by designated staff wearing gloves.

If campers/staff are bringing their own food/drink:
Ensure items are individually labelled, stored separately and not shared.
Camp Operator/Director:  
Set-Up of Lunch Room Space

• Arrange space and furniture so that campers and staff are seated at least 2 m (6 feet) away from others (including members of their own cohort)

• Limit the number of tables and chairs and remove unnecessary furniture

• Use floor markers and visual cues/reminders to indicate
  • Where furniture (e.g., tables, chairs) should stay
  • Where staff and campers should sit or stand and
  • One way flow of traffic while they are coming and going from lunch area

• Provide alcohol based hand sanitizer so that staff and campers can practice hand hygiene before and after they remove their mask to eat/drink
Camp Operator/Director: Reducing Risk: During the Meal

• Remind (e.g., signage, announcements) campers and staff to not remove their masks to eat/drink outside of their scheduled time

• Time with masks off should be limited

• Provide campers and staff with a safe way to store their mask(s) while eating/drinking

• Ensure water fountain is only used for refilling own water bottles or filling disposable cups

• Avoid sharing of utensils, dishware or common food items (e.g., salt/pepper shaker, condiments)
Camp Operator/Director: Reducing Risk: After the Meal

• Clean and disinfect the space prior to use by the next cohort
• Assist and supervise campers to properly put their mask back on and practice hand hygiene
Reducing Risk for Other Camp Staff: Before Lunch

• Support physical distancing when moving to and from lunch area
  • Promote one way flow of traffic
  • Supervise campers to ensure they maintain physical distancing with other cohorts and members of their own cohort when not wearing a mask

• Time with masks off should be limited:
  • Ensure you and your campers do not remove masks to eat/drink outside of your scheduled time

• Assist and supervise campers:
  • Practice hand hygiene before and after taking off mask
  • Safely store their mask(s) while eating/drinking
  • Practice safe removal and storage of eye protection
Reducing Risk for Other Camp Staff: During Lunch

- Ensure water fountain is only used for refilling own water bottles or filling disposable cups
- Avoid sharing of utensils, dishware or common food items (e.g., salt/pepper shaker, condiments)
- Role model physical distancing for your campers and remind campers to maintain a physical distance of at least 2 m (6 feet) at all times
Reducing Risk for Other Camp Staff: After Lunch

• Clean and disinfect the space prior to use by the next cohort
• Assist and supervise campers to properly put their mask back on and clean their hands
Ill Camper Scenario

It is 2pm and you notice one of your campers has red cheeks and is tired. You ask them if they are ok? They say they are not feeling well. You feel that they are experiencing signs and symptoms of COVID-19. What do you do?

1. Operator/Director

2. Other Camp Staff (e.g., Counsellor)
Camp Operator/Director: Planning Ahead

• Post signage (age-appropriate and language/culturally appropriate) on symptoms of COVID-19 and to speak to staff immediately if they feel ill

• Develop a plan for managing ill campers/staff

• Ensure staff understand the signs and symptoms for COVID-19. Refer to Ministry of Health: COVID-19 Reference Document for Symptoms
Camp Operator/Director: Setting Up the Isolation Area

- Designate a supervised area for isolation of sick camper/staff while plans are made to send them home safely.
  - Alcohol-based hand sanitizer with a concentration of 60%-90%.
  - Tissues and no-touch garbage cans
  - Optimize ventilation by keeping doors and windows open to increase outdoor air
  - Medical masks (e.g., surgical, procedural) in sizes appropriate for campers and staff
  - Personal protective equipment (PPE) (i.e., medical mask, eye protection [e.g., goggles or face shield], gown and gloves) for the staff member(s).

- Each day, designate at least one trained staff member to supervise isolation area
Camp Operator/Director:
Isolate Sick Camper

• Immediately separate sick camper from others and bring them to the designated supervised isolation area
• Ask the camper to wear a medical mask
• Once in isolation area, designated staff member maintains physical distancing of at least 2 m (6 feet) and/or use a physical barrier
Camp Operator/Director:  
Isolate Sick Camper - Continued

• Before assisting the sick camper, staff clean hands and puts on appropriate personal protective equipment (PPE)
  • If physical distancing of at least 2 m (6 feet) cannot be maintained or use of a physical barrier is not possible staff wear a medical mask, eye protection (e.g., goggles, face shield), gown and gloves when providing care to the ill camper
• Remind ill camper to continue to practice hand hygiene and respiratory etiquette while waiting to be picked up
• Notify appropriate people as identified in the camps written plan for ill campers and staff
• As soon as possible, clean and disinfect the isolation area
Reducing Risk for Other Camp Staff: Isolate Sick Camper

• Immediately separate sick camper from others
• Ask the camper to wear a medical mask
• As the staff member assisting the camper, ensure hands are cleaned and ensure you are wearing a medical mask and eye protection before assisting the camper
  • Maintain a physical distance of 2 m (6 feet) as much as possible
• Bring the camper to the designated supervised isolation area
• Once you have dropped off the camper, clean hands, remove eye protection, remove and dispose mask and put on a new mask
While in isolation area, designated staff:

- Remain separated from the ill camper by physical distancing of at least 2 m (6 feet) and/or use of a physical barrier
- If staff needs to provide care to the ill camper, clean hands and put on appropriate personal protective equipment (PPE) (i.e., medical mask, eye protection [e.g., goggles, face shield], gown and gloves)
- Remind ill camper to continue to practice hand hygiene and respiratory etiquette while waiting to be picked up
- Notify appropriate people as identified in the camps written plan
- As soon as possible, clean and disinfect the isolation area
Key Messages

• No single public health measure on its own is perfect at preventing the spread of COVID-19 but layers of measures will help provide the best protection.

These include:
• Physical distancing of at least 2 m (6 feet)
• Wearing a well-fitting mask
• Cleaning your hands
• Covering coughs and sneezes
• Being outdoors or in a well-ventilated indoor space
For More Information...

Public Health Ontario Resources


Provincial COVID-19 Guidance

Public Health Ontario keeps Ontarians safe and healthy. Find out more at PublicHealthOntario.ca