<div class="重點提示">

**Local Transmission of SARS-CoV-2 by Droplet or Fomites:**

- **Droplets**: P>1\(0\) μm, LPPF P>1\(0\) nm, bA<bC, bP<bG
- **Fomites**: P=bA, bG

**Important Guidance:**

- **Physical Distancing**: >2 m, >6 ft
- **Face Masks**: Wear, especially in public settings
- **Hand Hygiene**: Regularly wash hands
- **Cleaning and Disinfection**: Clean high-touch surfaces

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Soap and water or alcohol-based hand sanitizer are effective methods to prevent the spread of COVID-19. In situations where soap and water are not available, alcohol-based hand sanitizer can be used. It is important to follow the guidelines provided by the Ministry of Health for proper hand hygiene.

Ministry of Health

The Ministry of Health recommends using soap and water or alcohol-based hand sanitizer to prevent the spread of COVID-19. The use of these methods is essential in preventing the spread of the virus.

L'Ontario

The Province of Ontario has implemented measures to prevent the spread of COVID-19. These measures include the use of soap and water or alcohol-based hand sanitizer.

Ontario