

Coronavirus Disease 2019 (COVID-19)

Droplet and Contact Precautions Non-Acute Care Facilities

This document was adapted from the [Routine Practices Additional Precautions](#) for the management of COVID-19 for health care workers. For more information, please contact the Infection Prevention and Control department at Public Health Ontario at ipac@oahpp.ca.

Hand Hygiene



Hand hygiene is performed:

- Before and after each resident contact.
- Before performing invasive procedures.
- Before preparing, handling, serving or eating food.
- After care involving body fluids and before moving to another activity.
- Before putting on and after taking off gloves and other PPE.
- After personal body functions (e.g., blowing one's nose).
- Whenever hands come into contact with secretions, excretions, blood and body fluids.
- After contact with items in the resident's environment.
- Whenever there is doubt about the necessity for doing so.

Resident Placement



- Single room with own toileting facilities.
- Door may remain open.
- Perform hand hygiene on entering and leaving the room.

Environment and Equipment



- Dedicate routine equipment to the resident if possible (e.g., stethoscope, thermometer).
- Clean and disinfect all equipment before it is used for another resident.
- All high-touch surfaces in the resident's room must be cleaned twice daily.



Personal Protective Equipment (PPE)

- Wear a mask and eye protection or face shield within 2 meters of the resident.
- Wear a long-sleeved gown for direct care* when skin or clothing may become contaminated.
- Wear gloves for direct care*.
- **Wearing gloves is NOT a substitute for hand hygiene**

On leaving the room or after performing direct care*:

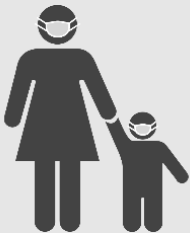
- Remove gloves and gown and perform hand hygiene.
- Remove eye protection and mask and perform hand hygiene.

For more see: [Recommended Steps for Putting on and Taking off PPE.](#)



Resident Transport

- Avoid any unnecessary transport of resident outside of room.
- Resident to wear a mask during transport.
- Only if the resident cannot tolerate wearing a mask, transport staff should wear a mask and eye protection.
- Transport staff should consult with the facility IPAC designate for additional instructions.
- Clean and disinfect equipment used for transportation after use.



Visitors

- Visitors must perform hand hygiene before entry and on leaving the room.
- Visitors to wear a mask, eye protection, gloves and a long-sleeved gown when entering the room of a resident with COVID-19.
- Visitors to remove protective apparel upon leaving the room.

* **Direct Care:** Providing hands-on care, such as bathing, washing, turning the resident, changing clothing, continence care, dressing changes, care of open wounds/lesions or toileting. Feeding and pushing a wheelchair are not classified as direct care.

Sources

Ontario Agency for Health Protection and Promotion (Public Health Ontario). Routine practices and additional precautions in all health care settings [Internet]. 3rd ed. Toronto, ON: Queen's Printer for Ontario; 2012 [cited 2020 Feb 19]. Available from: www.publichealthontario.ca/en/eRepository/RPAP_All_HealthCare_Settings_Eng2012.pdf

Ontario Agency for Health Protection and Promotion (Public Health Ontario). Best practices for prevention, surveillance and infection control management of novel respiratory infections in all health care settings [Internet]. 1st revision. Toronto, ON: Queen's Printer for Ontario; 2020 [cited 2020 Feb 19]. Available from: <https://www.publichealthontario.ca/-/media/documents/bp-novel-respiratory-infections.pdf?la=en>

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