PRESENTATION 2, Part 2

Personal Protective Equipment (PPE):
Refresher for Schools and Childcare Settings

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May 2021
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Objectives

• To review how to put on and take off masks, eye protection, gloves and gowns for individuals working in school and childcare settings.
What is Personal Protective Equipment (PPE)?

- PPE is equipment worn to protect the wearer from exposure to potential infection. PPE in a school/childcare setting includes:
  - A medical mask (e.g. surgical, procedural) to protect the inside of the nose and mouth
  - Eye protection to protect the eyes from splashes, sprays and droplets
- And in specific situations for specific tasks:
  - A gown to protect clothing from contamination when student is ill.
  - Gloves to protect the hands from contact with body fluids, secretions, excretions; contaminated environmental surfaces when student is ill; and for cleaning purposes per manufacturer’s instructions.
**HOW TO WEAR MEDICAL MASK**

1. Clean your hands with soap and water or hand sanitizer
2. Hold the mask by the ear loops and place a loop around each ear
3. Mold or pinch the stiff edge to the shape of your nose
4. Pull the bottom of the mask over your mouth and chin
5. Avoid touching the front of the mask when wearing

**HOW TO REMOVE MEDICAL MASK**

1. Clean your hands with soap and water or hand sanitizer
2. Avoid touching the front of the mask. Only touch the ear loops
3. Hold both of the ear loops and gently lift and remove the mask
4. Throw the mask in the trash
5. Clean your hands with soap and water or hand sanitizer
How do I Wear a Mask Correctly?

1. Never leave your mask hanging around your neck.
2. Never leave your mask hanging in front of your mouth.
3. Never leave your mask hanging down your nose.
4. Always put your mask on properly, covering your mouth and nose.

Correct way:

- Put your mask on properly, covering your mouth and nose.
- Adjust the nose wire to fit snugly.

Incorrect ways:

- Hanging around your neck.
- Hanging in front of your mouth.
- Hanging down your nose.

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How Do I Take Care Of My Mask?

• Store mask appropriately
  • folded inward, stored in clean/dry bag or cleanable container

• Change mask when damp, dirty or damaged
Eye Protection
How Do I Put On Mask and Eye Protection?

1. Clean hands.
2. Place loops of the mask over each ear.
3. Bend the nose bar over the bridge of the nose so that the mask fits snugly over the nose and mouth and prevent fluid penetration.
4. Put on face shield and adjust to fit. Be sure the face shield fit over your brow.
5. Clean hands.

How Do I Take Off Mask And Eye Protection?

1. Clean hands
2. Remove face shield away from face
3. Remove the mask by ear loops away from face
4. Dispose as directed if disposable
5. Clean hands
Putting on and taking off PPE

1. PERFORM HAND HYGIENE
2. PUT ON GOWN
3. PUT ON MASK OR N95 RESPIRATOR
4. PUT ON EYE PROTECTION
5. PUT ON GLOVES

1. REMOVE GLOVES
2. REMOVE GOWN
3. PERFORM HAND HYGIENE
4. REMOVE EYE PROTECTION
5. REMOVE MASK OR N95 RESPIRATOR
6. PERFORM HAND HYGIENE

Hand Hygiene: Points To Remember

- Before putting on PPE, clean your hands
- When taking off PPE, clean your hands (including between steps)
- Use liquid soap and water or alcohol-based hand rub (60%-90% alcohol).
- Manufacturer’s directions should be followed for application of alcohol-based hand rub.
- Rub hands actively for at least 15 seconds.

How Do I Clean Hands?

**How to handwash**

1. Wet hands with warm water.
2. Apply soap.
3. Lather soap and rub hands palm to palm.
4. Rub in between and around fingers.
5. Rinse thoroughly under running water.
6. Rub back of each hand with palm of other hand.
7. Rub fingertips of each hand in opposite palm.
8. Rub each thumb clamped in opposite hand.
10. Turn off water using paper towel.

**How to handrub**

1. Apply 1 to 2 pumps of product to palms of dry hands.
2. Rub hands together, palms to palms.
3. Rub in between and around fingers.
4. Rub back of each hand with palm of other hand.
5. Rub fingertips of each hand in opposite palm.
6. Rub each thumb clamped in opposite hand.
7. Rub hands until product is dry. Do not use paper towels.

For More Information ...

Public Health Ontario resources:

• Public Health Ontario – Schools and COVID-19 webpage
• Infection Prevention and Control (IPAC) Overview
• Infection Prevention and Control Fundamentals
• How to clean your hands with soap and water or alcohol-based hand rub
• Putting on/taking off PPE
• When and How to Wear a Mask: Recommendations for the General Public
• Cold Weather Tips for Schools
• Checklist: COVID-19 Preparedness and Prevention in Elementary and Secondary (K-12) Schools
• Infection Prevention and Control Tips for Children Attending School
How Did We Do?

Your feedback is important to us. Please provide your input by clicking on the survey button. Thank you!

Survey
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